

Courtesy of Alisa Rhee. Used with permission.

AlisaRhee1

I thought I'd put down two options, in case the first is too simple.

One of the most useful things that I've learned is how to tie a "runner's knot." Not sure if that is what its really called, but thats what I've been told. It's a simple knot. But... your shoes will never untie, and its not a huge bulky knot like a double knot. It's really changed my life.

I learned this really fun game in Kenya, its called "bao." It's a really simple game, doesn't involve too much strategy to make your brain hurt, but challenging enough to be fun. I've been trying to teach people this game because I'm dying to play with someone.