

MIT Class

November 6, 2003



Transportation Enhancements to  
Promote Livable Communities  
(A Lesson in Traffic Calming)

Heidi Richards, PE

Vanasse Hangen Brustlin, Inc., Watertown MA



*Livable Communities &  
Sensitive Design*

# What is Traffic Calming?

---

- Neighborhoods
- Municipal Officials
- Downtown or Village District
- State Agency
- Designers and Public Works

# Traffic Calming is:

---

- The use of mainly physical measures to
  - Reduce the negative impacts of motor vehicle use
  - Alter driver behavior
  - Improve conditions for non-motorized street users.

# Traffic Calming Goals

---

- Increase quality of life
- Incorporate preferences of people using the the area along the street
- Create safe and attractive streets
- Reduce negative effects of motor vehicles
- Promote pedestrian, cycle and transit use

# Traffic Calming Objectives

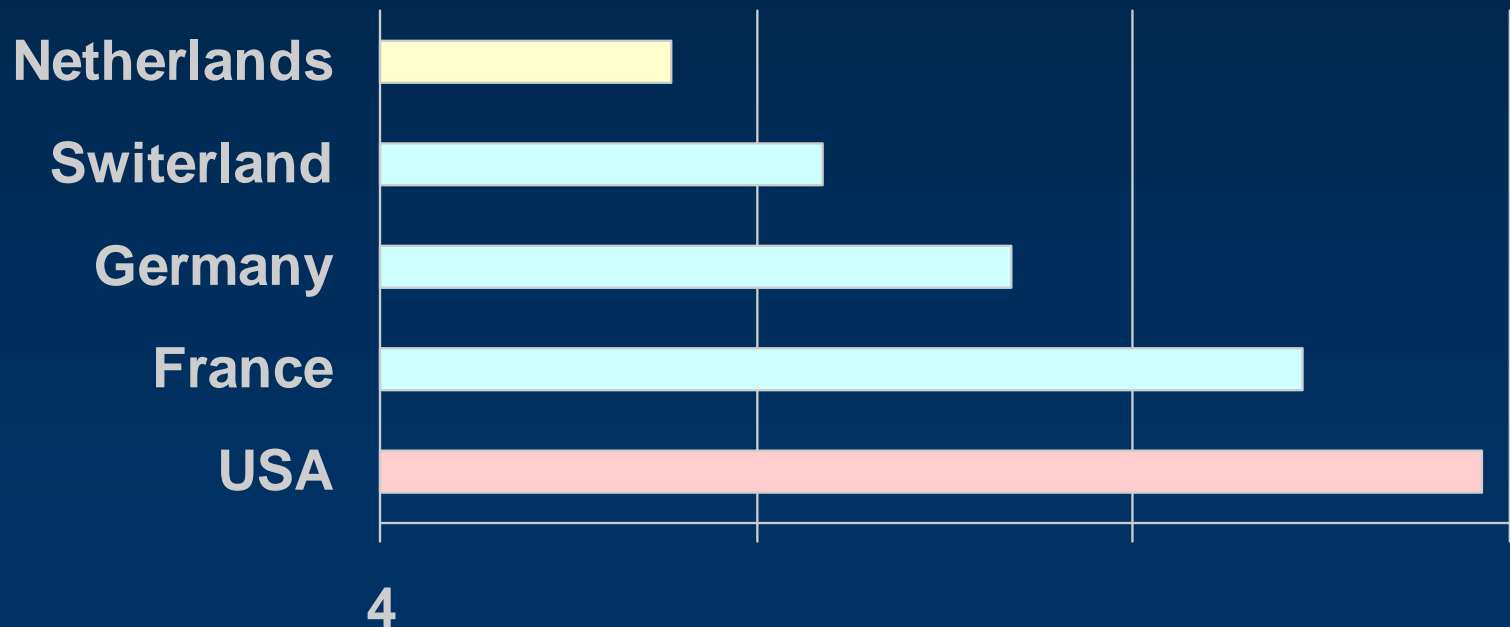
---

- Slow speeds
- Reduce frequency and severity of collisions
- Increase safety for non-motorized users of the street
- Reduce need for police enforcement
- Enhance street environment
- Increase access for all modes
- Reduce cut-through motor vehicle travel

# Road Safety in the USA

*An international comparison*

## Fatality Rate per 100,000 Population 1997



# Road Safety in the USA

*An international comparison*

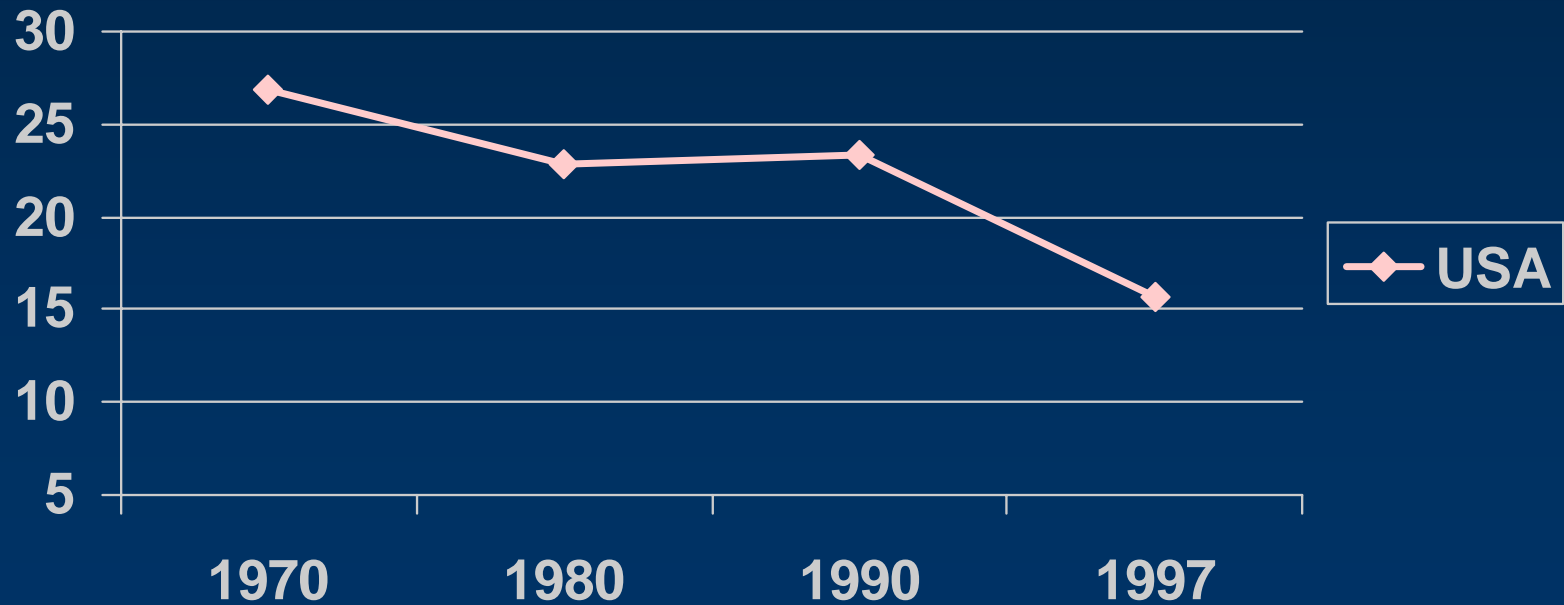
If the USA had the same rate of road fatality fatality as The Netherlands we would have:  
have:

20,000 fatalities per year instead of  
42,000 fatalities per year

# Road Safety in the USA

*Improvement in road safety over time (fatalities per 100,000 population)*

## Change in Fatality Rate 1970-1997

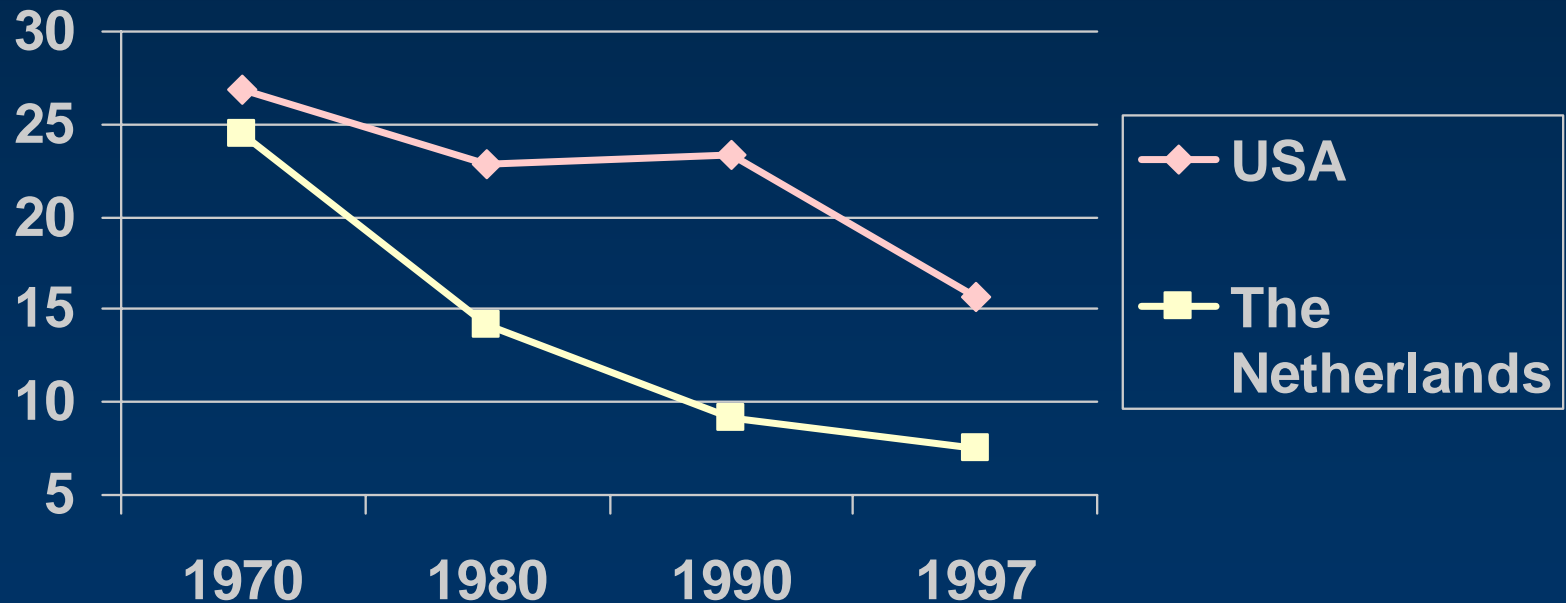




# Road Safety in the USA

*Improvement in road safety over time  
(fatalities per 100,000 population)*

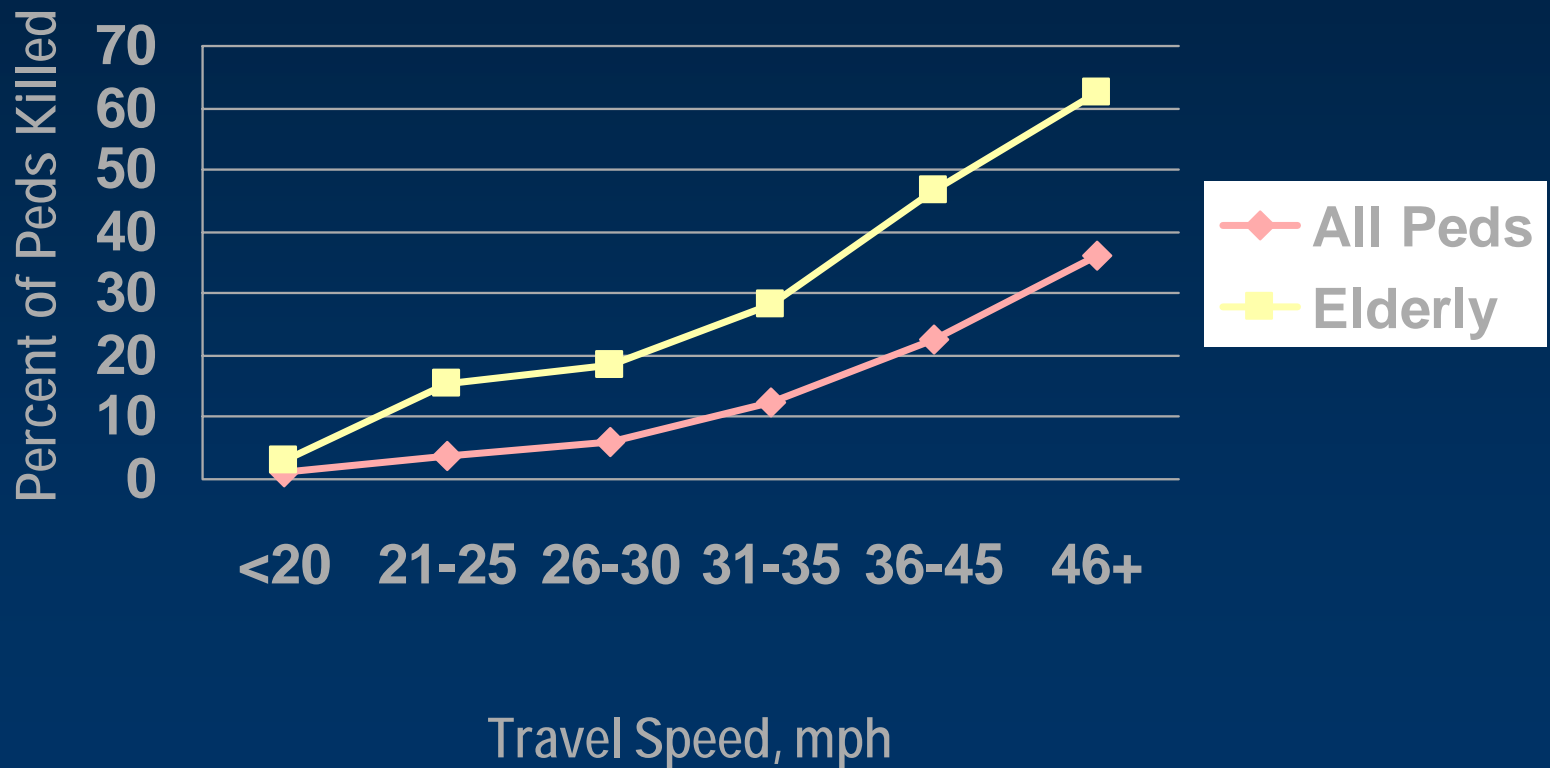
## Change in Fatality Rate 1970-1997



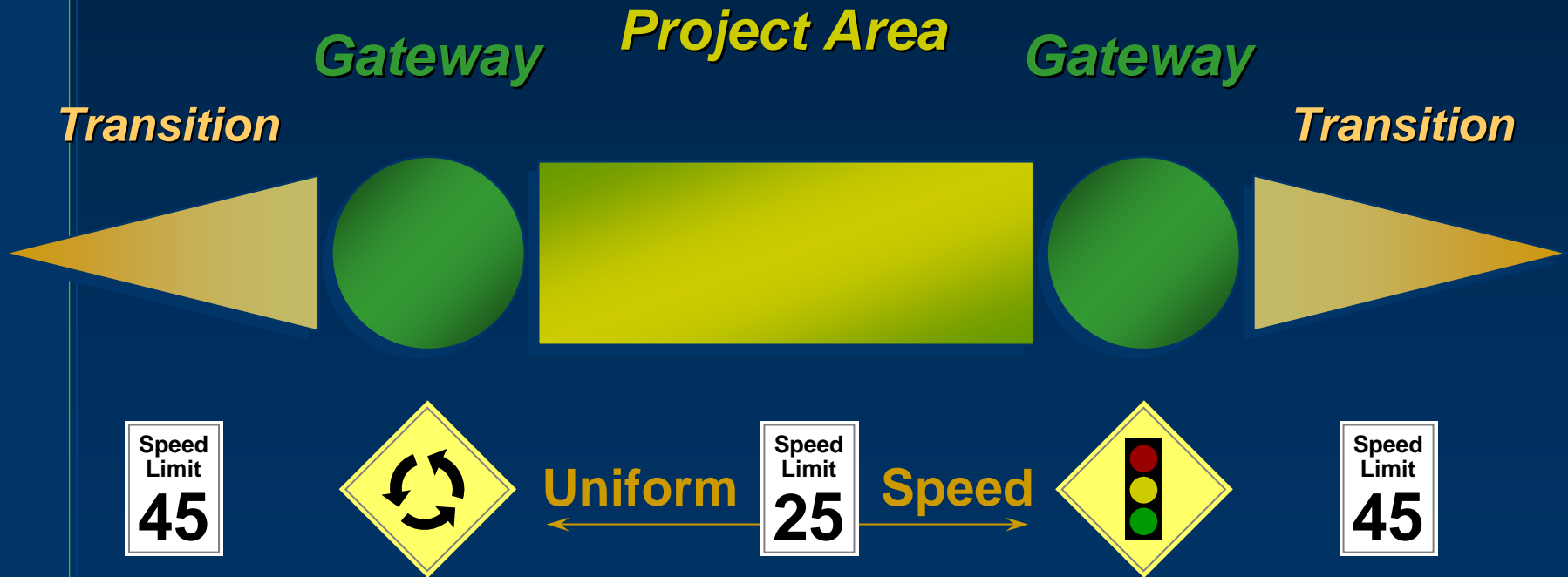
# Pedestrian Safety and Traffic Calming

Percentage of Pedestrians Killed Doubles for Each 5 mph Increase in Speed

(USDOT – National Highway Safety Administration, 1999)



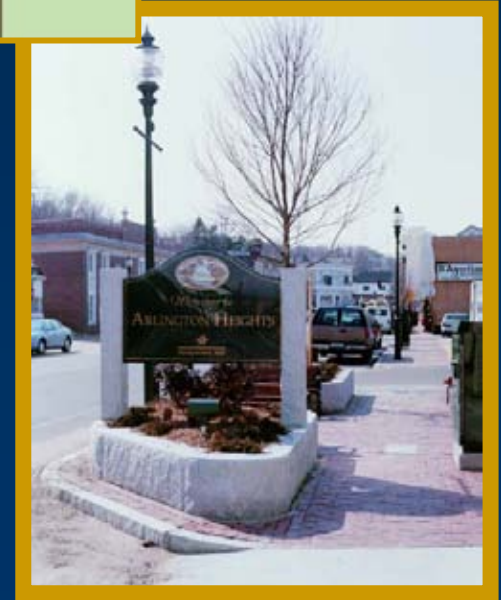
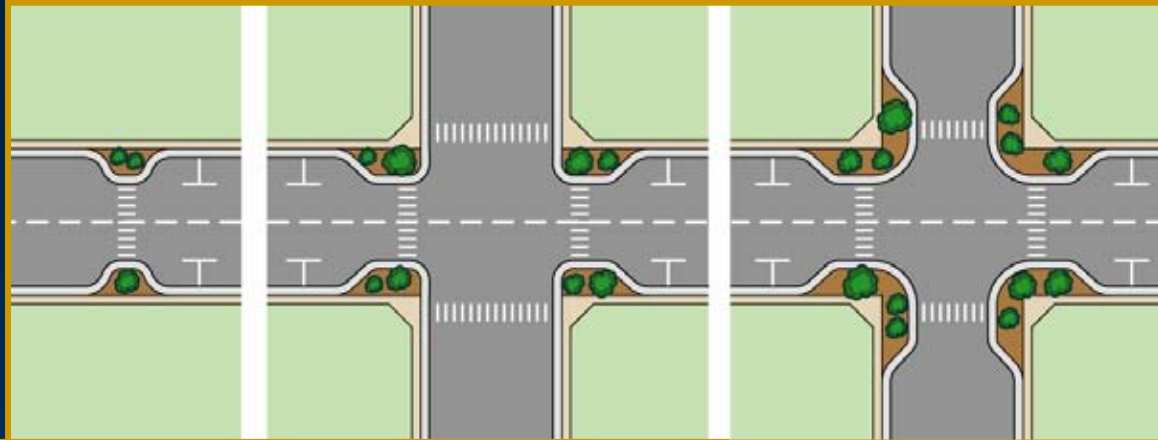
# Traffic Calming Design Issues



# Traffic Calming Toolbox

- Speed Humps
- Raised Intersections
- Raised/Textured Crosswalks
- Median Barriers
- Neckdowns
- Chicanes
- Closures
- Semi & Diagonal Diverters
- Corner Radii
- Parking
- Roundabouts
- Traffic Circles
- Edge Treatment
- Streetscaping
- Transition Zones
- Land Treatments
- Enforcement

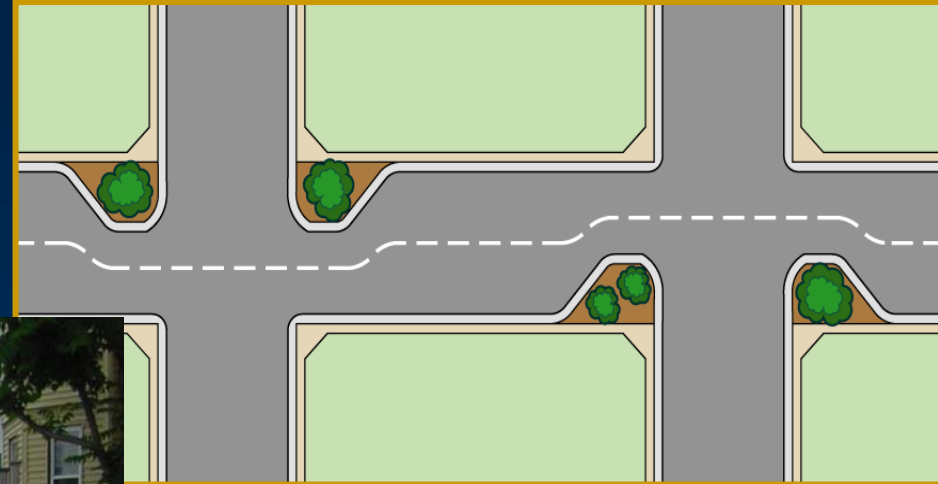
# Neckdowns



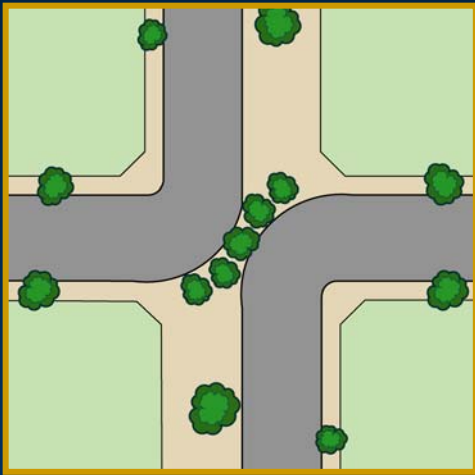
# Neckdowns



# Chicane

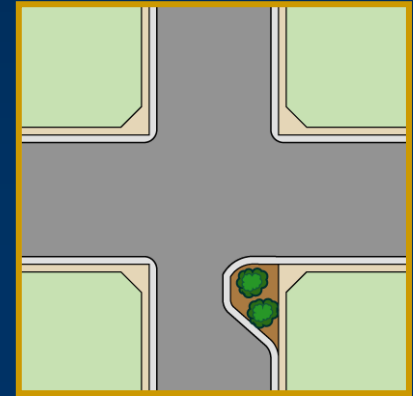


# Traffic Calming Techniques



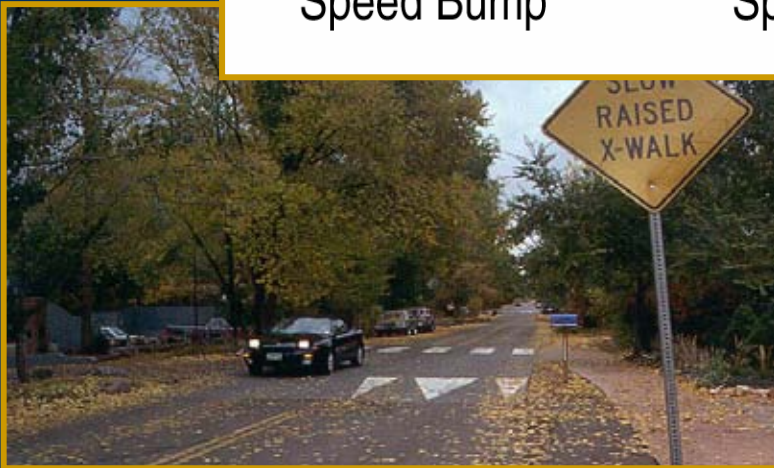
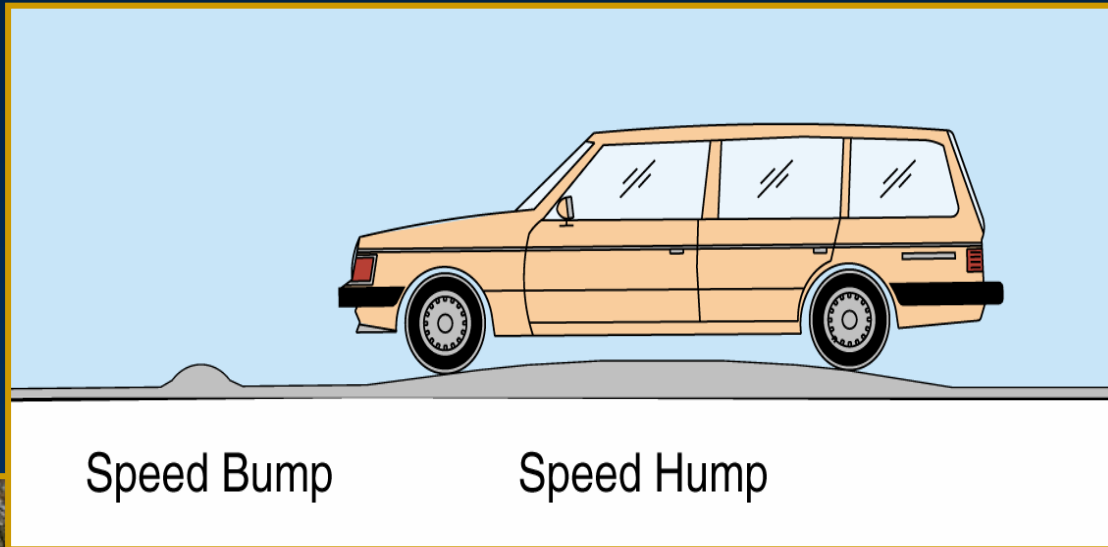
Diagonal Diverter

Semi-Diverter





# Speed Hump



# Raised Crosswalk

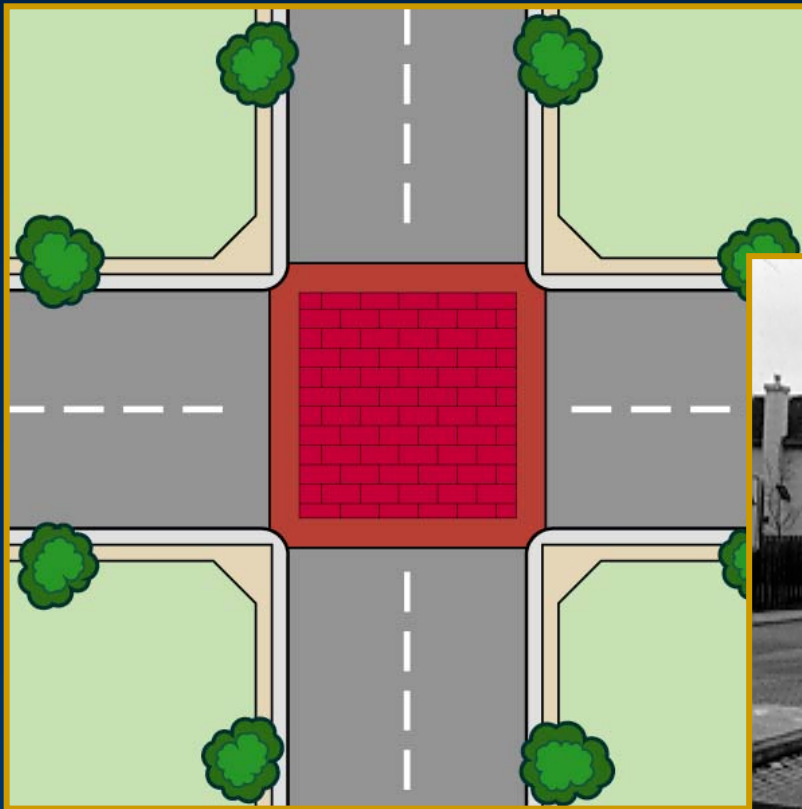


# Raised Crosswalk

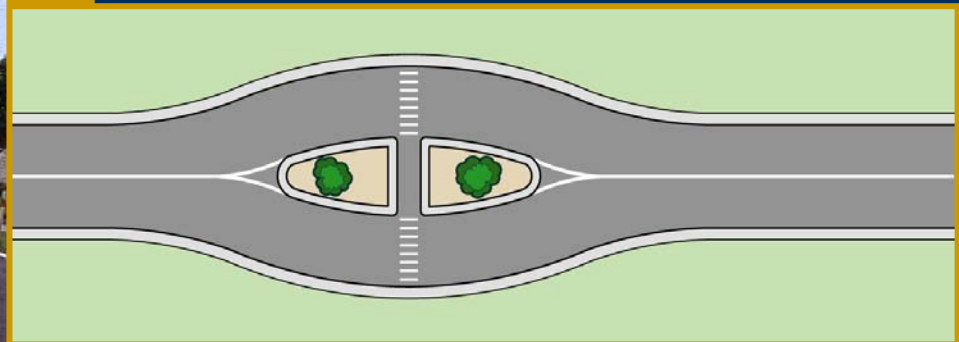
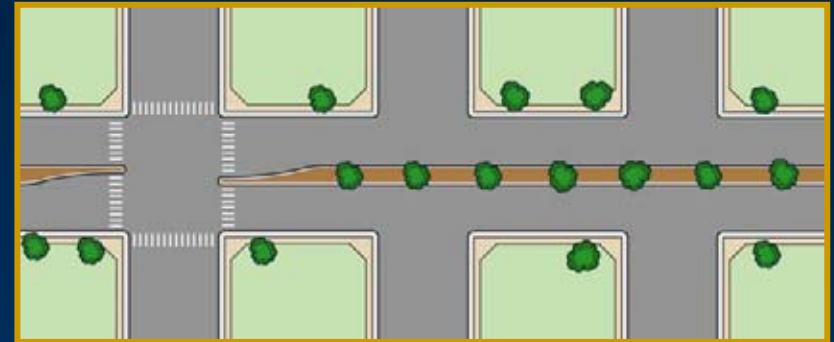
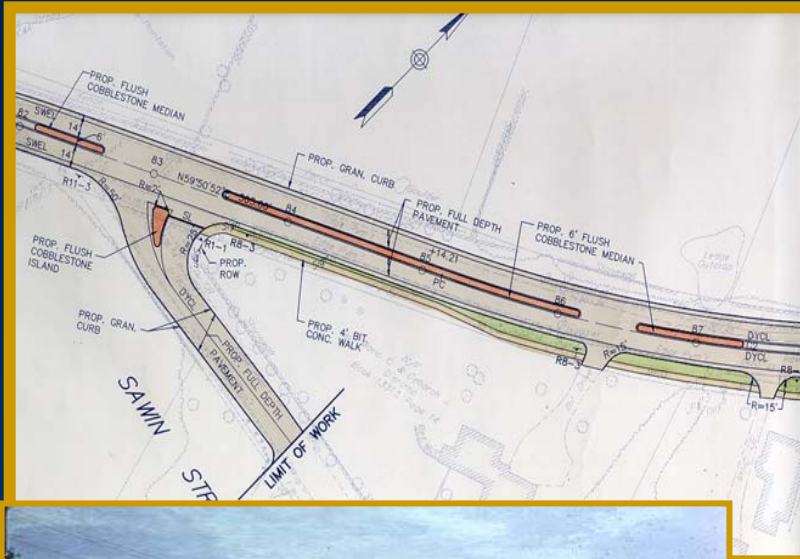
(Driver's Eye View)



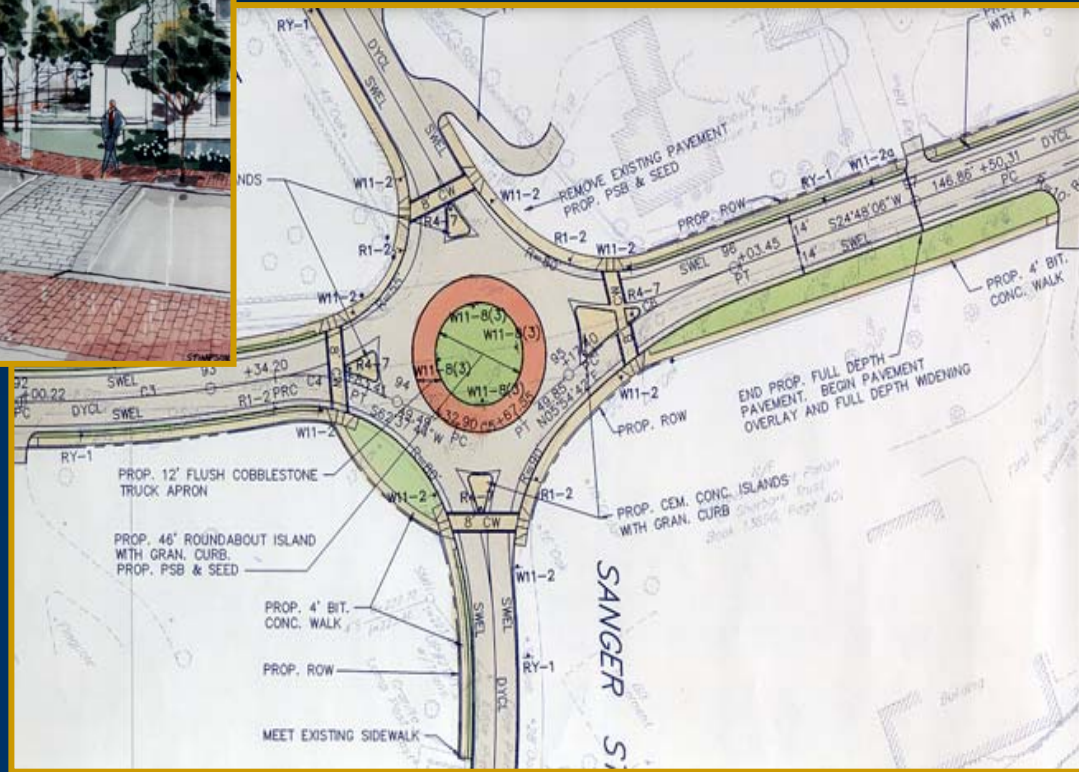
# Raised Intersection



# Median Treatment & Traffic Island



# Roundabout



# Roundabout/Traffic Circle



# Textured Treatments

Amesbury, MA (VHB Design)



Miami Lakes, Florida



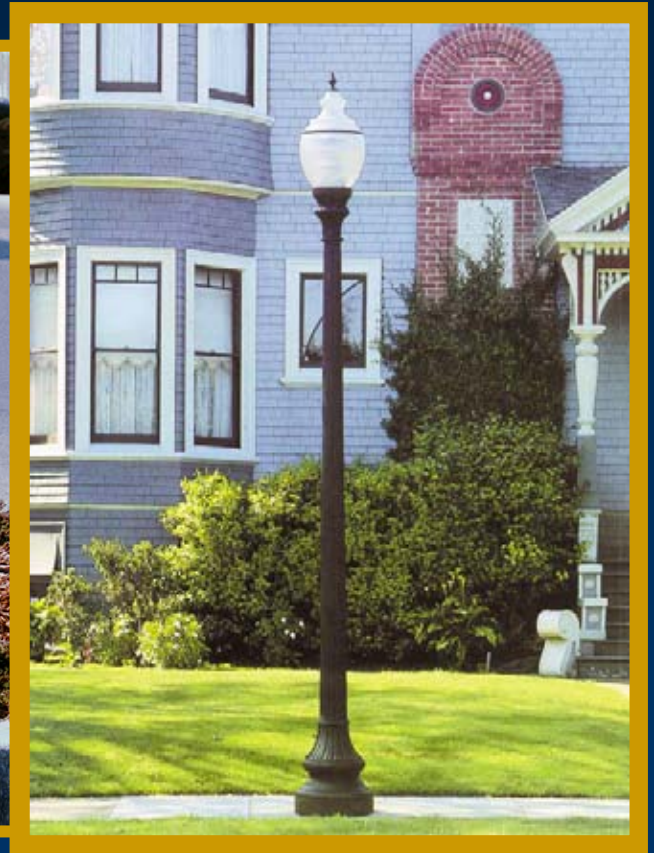
# Enhanced Crosswalk Treatment



# Gateways



# Lighting



## What is Basis for Successful Project

---

- Understanding the issue to address
- Consensus on need to and means to address address
- Creating a sensitive design
- Public outreach program  
(No surprises)
- Supporting authority - Regulations
- Measuring and monitoring

# Conclusions

---

## *From the design perspective*

- Clearly identify problem before defining defining countermeasure
- Plan for public involvement
- Learn from the implementation

## Resources:

- *Traffic Calming, State of the Practice*, ITE, U.S. DOT, FHWA
- *Traffic Calming in Practice*, County Surveyors Society, etc.
- *Traditional Neighborhood Development – Street Design Guidelines*, ITE
- *Take Back Your Streets*, CLF
- *Speed Hump Design Guidelines*, ITE
- *Traffic Calming: Devices, Applications & Program Management*, SWRPA

## Resources for Roundabouts:

---

- *Roundabouts: An Informational Guide*, U.S. DOT, DOT, FHWA
- *Roundabout Design Guidelines*, Ourston & Doctors
- *Florida Roundabout Guide*
- *Roundabout Design Guidelines*, State of Maryland Maryland
- *Roundabouts, Guide to Engineering Practice*, AUSTRROADS