## Summary of last lecture:

## (Assumptions leading to this?)

- We're done! The Lorentz transformation is

$$
\boldsymbol{\Lambda}(\mathbf{v})=\left(\begin{array}{cccc}
\gamma & 0 & 0 & -\gamma \beta \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma \beta & 0 & 0 & \gamma
\end{array}\right)
$$

i.e.,

$$
\left(\begin{array}{c}
x^{\prime} \\
y^{\prime} \\
z^{\prime} \\
c t^{\prime}
\end{array}\right)=\left(\begin{array}{cccc}
\gamma & 0 & 0 & -\gamma \beta \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma \beta & 0 & 0 & \gamma
\end{array}\right)\left(\begin{array}{c}
x \\
y \\
z \\
c t
\end{array}\right)=\left(\begin{array}{c}
\gamma(x-\beta c t) \\
y \\
z \\
\gamma(c t-\beta x)
\end{array}\right) .
$$

- Compare to Einstein's 1905 paper


## MIT Course 8.033, Fall 2006, Lecture 5 Max Tegmark

## Today: Relativistic Kinematics

- Time dilation
- Length contraction
- Relativity of simultaneity
- Proper time, rest length
- Key people: Einstein


## IS IT RIGHT?

## Implications: time dilation

- In the frame $S$, a clock is at rest at the origin ticking at time intervals that are $\Delta t=1$ seconds long, so the two consecutive ticks at $t=0$ and $t=\Delta t$ have coordinates

$$
\mathbf{x}_{1}=\left(\begin{array}{c}
0 \\
0 \\
0 \\
0
\end{array}\right), \quad \mathbf{x}_{2}=\left(\begin{array}{c}
0 \\
0 \\
0 \\
c \Delta t
\end{array}\right)
$$

- In the frame $S^{\prime}$, the coordinates are

$$
\begin{aligned}
& \mathbf{x}_{1}^{\prime}=\left(\begin{array}{cccc}
\gamma & 0 & 0 & -\gamma \beta \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma \beta & 0 & 0 & \gamma
\end{array}\right)\left(\begin{array}{l}
0 \\
0 \\
0 \\
0
\end{array}\right)=\left(\begin{array}{l}
0 \\
0 \\
0 \\
0
\end{array}\right) \\
& \mathbf{x}_{2}^{\prime}=\left(\begin{array}{cccc}
\gamma & 0 & 0 & -\gamma \beta \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma \beta & 0 & 0 & \gamma
\end{array}\right)\left(\begin{array}{c}
0 \\
0 \\
0 \\
c \Delta t
\end{array}\right)=\left(\begin{array}{c}
-\gamma v \Delta t \\
0 \\
0 \\
\gamma c \Delta t
\end{array}\right)
\end{aligned}
$$

- So in $S^{\prime}$, the clock appears to tick at intervals $\Delta t^{\prime}=\gamma \Delta t>\Delta t$, i.e., slower! (Draw Minkowski diagram.)


## Time dilation, cont'd

- The light clock movie says it all: http://www.anu.edu.au/Physics/qt/


## Time dilation, cont'd

- The light clock movie says it all:
http://www.anu.edu.au/Physics/qt/
- Cosmic ray muon puzzle
- Created about 10 km above ground
- Half life $1.56 \times 10^{-6}$ second
- In this time, light travels 0.47 km
- So how can they reach the ground?
$-v \approx 0.99 c$ gives $\gamma \approx 7$
$-v \approx 0.9999 c$ gives $\gamma \approx 71$
- Leads to twin paradox

Consider two frames in relative motion. For $t=0$, the Lorentz transformation gives $x^{\prime}=\gamma x$, where $\gamma>1$.

Question: How long does a yard stick at rest in the unprimed frame look in the primed frame?

1. Longer than one yard
2. Shorter than one yard
3. One yard

## Let's measure the length of our moving eraser!

## Implications: relativity of simultaneity

- Consider two events simultaneous in frame $S$ :

$$
\mathbf{x}_{1}=\left(\begin{array}{c}
0 \\
0 \\
0 \\
0
\end{array}\right), \quad \mathbf{x}_{2}=\left(\begin{array}{c}
L \\
0 \\
0 \\
0
\end{array}\right)
$$

- In the frame $S^{\prime}$, they are

$$
\begin{aligned}
\mathbf{x}_{1}^{\prime}=\left(\begin{array}{cccc}
\gamma & 0 & 0 & -\gamma \beta \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma \beta & 0 & 0 & \gamma
\end{array}\right)\left(\begin{array}{l}
0 \\
0 \\
0 \\
0
\end{array}\right)=\left(\begin{array}{l}
0 \\
0 \\
0 \\
0
\end{array}\right) \\
\mathbf{x}_{2}^{\prime}=\left(\begin{array}{cccc}
\gamma & 0 & 0 & -\gamma \beta \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma \beta & 0 & 0 & \gamma
\end{array}\right)\left(\begin{array}{l}
L \\
0 \\
0 \\
0
\end{array}\right)=\left(\begin{array}{c}
\gamma L \\
0 \\
0 \\
-\gamma \beta \mathrm{L}
\end{array}\right)
\end{aligned}
$$

- So in $S^{\prime}$, the second event happened first!
- So $S$-clocks appear unsynchronized in $S^{\prime}$ - those with larger $x$ run further ahead


## Transformation toolbox: the inverse Lorentz transform

- Since $\mathbf{x}^{\prime}=\boldsymbol{\Lambda}(v) \mathbf{x}$ and $\mathbf{x}=\boldsymbol{\Lambda}(-v) \mathbf{x}^{\prime}$, we get the consistency requirement

$$
\mathbf{x}=\boldsymbol{\Lambda}(-v) \mathbf{x}^{\prime}=\boldsymbol{\Lambda}(-v) \boldsymbol{\Lambda}(v) \mathbf{x}
$$

for any event $\mathbf{x}$, so we must have $\boldsymbol{\Lambda}(-v)=\boldsymbol{\Lambda}(v)^{-1}$, the matrix inverse of $\boldsymbol{\Lambda}(v)$.

- Is it?
$\boldsymbol{\Lambda}(-\mathbf{v}) \boldsymbol{\Lambda}(\mathbf{v})=\left(\begin{array}{cccc}\gamma & 0 & 0 & \gamma \beta \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ \gamma \beta & 0 & 0 & \gamma\end{array}\right)\left(\begin{array}{cccc}\gamma & 0 & 0 & -\gamma \beta \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ -\gamma \beta & 0 & 0 & \gamma\end{array}\right)=\left(\begin{array}{cccc}1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1\end{array}\right)$,
i.e., yes!


## Implications: length contraction

- Trickier than time dilation, opposite result (interval appears shorter, not longer)
- In the frame $S$, a yardstick of length $L$ is at rest along the $x$-axis with its endpoints tracing out world lines with coordinates

$$
\mathbf{x}_{1}=\left(\begin{array}{c}
0 \\
0 \\
0 \\
c t
\end{array}\right), \quad \mathbf{x}_{2}=\left(\begin{array}{c}
L \\
0 \\
0 \\
c t
\end{array}\right)
$$

- In the frame $S^{\prime}$, these world lines are

$$
\begin{aligned}
& \mathbf{x}_{1}^{\prime}=\left(\begin{array}{c}
x_{1}^{\prime} \\
y_{1}^{\prime} \\
z_{1}^{\prime} \\
c t_{1}^{\prime}
\end{array}\right)=\left(\begin{array}{cccc}
\gamma & 0 & 0 & -\gamma \beta \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma \beta & 0 & 0 & \gamma
\end{array}\right)\left(\begin{array}{c}
0 \\
0 \\
0 \\
c t
\end{array}\right)=\left(\begin{array}{c}
-\gamma \beta c t \\
0 \\
0 \\
\gamma c t
\end{array}\right) \\
& \mathbf{x}_{2}^{\prime}=\left(\begin{array}{c}
x_{2}^{\prime} \\
y_{2}^{\prime} \\
z_{2}^{\prime} \\
c t_{2}^{\prime}
\end{array}\right)=\left(\begin{array}{cccc}
\gamma & 0 & 0 & -\gamma \beta \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma \beta & 0 & 0 & \gamma
\end{array}\right)\left(\begin{array}{c}
L \\
0 \\
0 \\
c t
\end{array}\right)=\left(\begin{array}{c}
\gamma L-\gamma \beta c t \\
0 \\
0 \\
\gamma c t-\gamma \beta L
\end{array}\right)
\end{aligned}
$$

- Let's work out the new world lines of the yard stick endpoints
- $\mathrm{x}_{1}^{\prime}+\beta c t_{1}^{\prime}=0$, so left endpoint world line is

$$
x_{1}^{\prime}=-v t_{1}^{\prime}
$$

- $\mathrm{x}_{2}^{\prime}-\gamma L+\beta\left(c t_{2}^{\prime}+\gamma \beta L\right)=0$, so right endpoint world line is

$$
x_{2}^{\prime}=\gamma L-\beta\left(c t_{2}^{\prime}+\gamma \beta L\right)=\frac{L}{\gamma}-v t_{2}^{\prime}
$$

- Length in $S^{\prime}$ is

$$
x_{2}^{\prime}-x_{1}^{\prime}=\frac{L}{\gamma}+v\left(t_{1}^{\prime}-t_{2}^{\prime}\right)=\frac{L}{\gamma}
$$

since both endpoints measured at same time ( $t_{1}^{\prime}=t_{2}^{\prime}$ )

- Draw Minkowski diagram of this
- An observer in $S^{\prime}$ measures length as $x_{2}^{\prime}-x_{1}^{\prime}$ at the same time $t^{\prime}$, - not at the same time $t$.
- Let's measure at $t^{\prime}=0$.
- $t_{1}^{\prime}=0$ when $t=0$ - at this time, $x_{1}^{\prime}=0$
- $t_{2}^{\prime}=0$ when $c t=\beta L$ - at this time, $\mathbf{x}_{2}^{\prime}=\gamma L-\gamma \beta^{2} L=L / \gamma$
- So in $S^{\prime}$-frame, measured length is $L^{\prime}=L / \gamma$, i.e., shorter


## Transformation toolbox: velocity addition

- If the frame $S^{\prime}$ has velocity $v_{1}$ relative to $S$ and the frame $S^{\prime \prime}$ has


## SIMPLER

WITH 2x2 MATRICES

- $\mathrm{x}^{\prime}=\boldsymbol{\Lambda}\left(v_{1}\right) \mathbf{x}$ and $\mathbf{x}^{\prime \prime}=\boldsymbol{\Lambda}\left(v_{2}\right) \mathbf{x}^{\prime}=\boldsymbol{\Lambda}\left(v_{2}\right) \boldsymbol{\Lambda}\left(v_{1}\right) \mathbf{x}$, so
- $\boldsymbol{\Lambda}\left(\mathbf{v}_{3}\right)=\boldsymbol{\Lambda}\left(v_{2}\right) \boldsymbol{\Lambda}\left(v_{1}\right)$, i.e.

$$
\begin{aligned}
\left(\begin{array}{cccc}
\gamma_{3} & 0 & 0 & -\gamma_{3} \beta_{3} \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma_{3} \beta_{3} & 0 & 0 & \gamma_{3}
\end{array}\right) & =\left(\begin{array}{cccc}
\gamma_{2} & 0 & 0 & -\gamma_{2} \beta_{2} \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma_{2} \beta_{2} & 0 & 0 & \gamma_{2}
\end{array}\right)\left(\begin{array}{cccc}
\gamma_{1} & 0 & 0 & -\gamma_{1} \beta_{1} \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\gamma_{1} \beta_{1} & 0 & 0 & \gamma_{1}
\end{array}\right) \\
& =\gamma_{1} \gamma_{2}\left(\begin{array}{cccc}
1+\beta_{1} \beta_{2} & 0 & 0 & -\left[\beta_{1}+\beta_{2}\right] \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
-\left[\beta_{1}+\beta_{2}\right] & 0 & 0 & 1+\beta_{1} \beta_{2}
\end{array}\right)
\end{aligned}
$$

- Take ratio between $(1,4)$ and $(1,1)$ elements:

$$
\beta_{3}=-\frac{\boldsymbol{\Lambda}\left(v_{3}\right)_{41}}{\boldsymbol{\Lambda}\left(v_{3}\right)_{11}}=\frac{\beta_{1}+\beta_{2}}{1+\beta_{1} \beta_{2}} .
$$

- In other words,

$$
v_{3}=\frac{v_{1}+v_{2}}{1+\frac{v_{1} v_{2}}{c^{2}}} .
$$

## Transformation toolbox: perpendicular velocity addition

- Here's an alternative derivation of velocity addition that easily gives the non-parallel components too
- If the frame $S^{\prime}$ has velocity $v$ in the $x$-direction relative to $S$ and a particle has velocity $\mathbf{u}^{\prime}=\left(u_{x}^{\prime}, u_{y}^{\prime}, u_{z}^{\prime}\right)$ in $S^{\prime}$, then what is its velocity u in $S$ ?
- Applying the inverse Lorentz transformation

$$
\begin{aligned}
x & =\gamma\left(x^{\prime}+v t^{\prime}\right) \\
y & =y^{\prime} \\
z & =z^{\prime} \\
t & =\gamma\left(t^{\prime}+v x^{\prime} / c^{2}\right)
\end{aligned}
$$

to two nearby points on the particle's world line and subtracting gives

$$
\begin{aligned}
d x & =\gamma\left(d x^{\prime}+v d t^{\prime}\right) \\
d y & =d y^{\prime} \\
d z & =d z^{\prime} \\
d t & =\gamma\left(d t^{\prime}+v d x^{\prime} / c^{2}\right)
\end{aligned}
$$

$$
\begin{aligned}
d x & =\gamma\left(d x^{\prime}+v d t^{\prime}\right) \\
d y & =d y^{\prime} \\
d z & =d z^{\prime} \\
d t & =\gamma\left(d t^{\prime}+v d x^{\prime} / c^{2}\right)
\end{aligned}
$$

- Answer:

$$
\begin{aligned}
& u_{x}=\frac{d x}{d t}=\frac{\gamma\left(d x^{\prime}+v d t^{\prime}\right)}{\gamma\left(d t^{\prime}+\frac{v d x^{\prime}}{c^{2}}\right)}=\frac{\frac{d x^{\prime}}{d t^{\prime}}+v}{1+\frac{v}{c^{2}} \frac{d x^{\prime}}{d t^{\prime}}}=\frac{u_{x}^{\prime}+v}{1+\frac{u_{x}^{\prime} v}{c^{2}}} \\
& u_{y}=\frac{d y}{d t}=\frac{d y^{\prime}}{\gamma\left(d t^{\prime}+\frac{v d x^{\prime}}{c^{2}}\right)}=\frac{\gamma^{-1} \frac{d y^{\prime}}{d t^{\prime}}}{1+\frac{v}{c^{2}} \frac{d x^{\prime}}{d t^{\prime}}}=\frac{u_{y}^{\prime} \sqrt{1-\frac{v^{2}}{c^{2}}}}{1+\frac{u_{x}^{\prime} v}{c^{2}}} \\
& u_{z}=\frac{d z}{d t}=\frac{d{\kappa^{\prime}}_{\gamma\left(d t^{\prime}+\frac{v d x^{\prime}}{c^{2}}\right)}=\frac{\gamma^{-1} \frac{d z^{\prime}}{d t^{\prime}}}{1+\frac{v}{c^{2}} \frac{d x^{\prime}}{d t^{\prime}}}=\frac{u_{z}^{\prime} \sqrt{1-\frac{v^{2}}{c^{2}}}}{1+\frac{u_{x}^{\prime} v}{c^{2}}}}{}
\end{aligned}
$$

## Transformation toolbox: boosts as generalized rotations

- A "boost" is a Lorentz transformation with no rotation
- A rotation around the $z$-axis by angle $\theta$ is given by the transformation

$$
\left(\begin{array}{cccc}
\cos \theta & \sin \theta & 0 & 0 \\
-\sin \theta & \cos \theta & 0 & 0 \\
0 & 0 & 1 & 0 \\
0 & 0 & 0 & 1
\end{array}\right)
$$

- We can think of a boost in the $x$-direction as a rotation by an imaginary angle in the ( $x, c t$ )-plane:
$\boldsymbol{\Lambda}(-v)=\left(\begin{array}{cccc}\gamma & 0 & 0 & \gamma \beta \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ \gamma \beta & 0 & 0 & \gamma\end{array}\right)=\left(\begin{array}{cccc}\cosh \eta & 0 & 0 & \sinh \eta \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ \sinh \eta & 0 & 0 & \cosh \eta\end{array}\right)$,
where $\eta \equiv \tanh ^{-1} \beta$ is called the rapidity.
- Proof: use hyperbolic trig identities on next page
- Implication: for multiple boosts in same direction, rapidities add and hence the order doesn't matter


## Hyperbolic trig reminders

$$
\begin{aligned}
& \cosh x=\frac{e^{x}+e^{-x}}{2} \\
& \sinh x=\frac{e^{x}-e^{-x}}{2} \\
& \tanh x=\frac{e^{x}-e^{-x}}{e^{x}+e^{-x}} \\
& \cosh ^{-1} x=\ln \left(x+\sqrt{x^{2}-1}\right) \\
& \sinh ^{-1} x=\ln \left(x+\sqrt{x^{2}+1}\right) \\
& \tanh ^{-1} x=\frac{1}{2} \ln \left(\frac{1+x}{1-x}\right) \\
& \cosh \tanh ^{-1} x=\frac{1}{\sqrt{1-x^{2}}} \\
& \sinh \tanh ^{-1} x=\frac{x}{\sqrt{1-x^{2}}} \\
& \cosh ^{2} x-\sinh ^{2} x=1
\end{aligned}
$$

## The Lorentz invariant

- The Minkowski metric

$$
\boldsymbol{\eta}=\left(\begin{array}{cccc}
1 & 0 & 0 & 0 \\
0 & 1 & 0 & 0 \\
0 & 0 & 1 & 0 \\
0 & 0 & 0 & -1
\end{array}\right)
$$

is left invariant by all Lorentz matrices $\mathbf{\Lambda}$ :

$$
\boldsymbol{\Lambda}^{t} \boldsymbol{\eta} \boldsymbol{\Lambda}=\boldsymbol{\eta}
$$

(indeed, this equation is often used to define the set of Lorentz matrices - for comparison, $\boldsymbol{\Lambda}^{t} \mathbf{I} \boldsymbol{\Lambda}=\mathbf{I}$ would define rotation matrices)

- Proof: Show that works for boost along $x$-axis. Show that works for rotation along $y$-axis or $z$-axis. General case is equivalent to applying such transformations in succession.
- All Lorentz transforms leave the quantity

$$
\mathbf{x}^{t} \boldsymbol{\eta} \mathbf{x}=x^{2}+y^{2}+z^{2}-(c t)^{2}
$$

invariant

- Proof:

$$
\mathrm{x}^{\prime t} \boldsymbol{\eta} \mathbf{x}^{\prime}=(\boldsymbol{\Lambda} \mathbf{x})^{t} \boldsymbol{\eta}(\mathbf{\Lambda} \mathbf{x})=\mathbf{x}^{t}\left(\boldsymbol{\Lambda}^{t} \boldsymbol{\eta} \boldsymbol{\Lambda}\right) \mathbf{x}=\mathbf{x}^{t} \boldsymbol{\eta} \mathbf{x}
$$

- (More generally, the same calculation shows that $\mathbf{x}^{t} \boldsymbol{\eta} \mathbf{y}$ is invariant)
- So just as the usual Euclidean squared length $|\mathbf{r}|^{2}=\mathbf{r} \cdot \mathbf{r}=\mathbf{r}^{t} \mathbf{r}=$ $r^{t}$ Ir of a 3-vector is rotaionally invariant, the generalized "length" $\mathbf{x}^{t} \boldsymbol{\eta} \mathbf{x}$ of a 4 -vector is Lorentz-invariant.
- It can be positive or negative
- For events $\mathbf{x}_{1}$ and $\mathbf{x}_{2}$, their Lorentz-invariant separation is defined as

$$
\Delta s^{2} \equiv \Delta \mathbf{x}^{t} \boldsymbol{\eta} \Delta \mathbf{x}=\Delta x^{2}+\Delta y^{2}+\Delta z^{2}-(c \Delta t)^{2}
$$

- A separation $\Delta s^{2}=0$ is called null
- A separation $\Delta s^{2}>0$ is called spacelike, and

$$
\Delta \sigma \equiv \sqrt{\Delta s^{2}}
$$

is called the proper distance (the distance measured in a frame where the events are simultaneous)

- A separation $\Delta s^{2}<0$ is called timelike, and

$$
\Delta \tau \equiv \sqrt{-\Delta s^{2}}
$$

is called the proper time interval (the time interval measured in a frame where the events are at the same place)

## "Everything is relative" - or is it?

- All observers agree on rest length
- All observers agree on proper time
- All observers (as we'll see later) agree on rest mass


## Summary lecture:

- Time dilation
- Length contraction
- Relativity of simultaneity
- Problem solving tips

