# Recitation 2: Exponential vs. Quasi-Hyperbolic Discounting 

Maddie McKelway \& Will Rafey

## Exponential Discounting Model

$$
U_{t} \equiv \sum_{\tau=t}^{\infty} \delta^{\tau-t} u_{\tau}=u_{t}+\delta u_{t+1}+\delta^{2} u_{t+2}+\delta^{3} u_{t+3}+\ldots
$$

- What is the key assumption of this model?
- Amount of patience between any two periods the same
- What does this assumption imply?
- Same degree of patience in the short- and long-run
- Time consistency
- No demand for commitment
- Does this seem realistic?


## Exponential discounting: calibration

- Assume exponential discounting and linear utility of consumption.
- A student is indifferent between $\$ 100$ today and $\$ 120$ in two weeks.
- What is $\delta$ ? $5 / 6$ for two weeks.

$$
100=\frac{5}{6} \cdot 120
$$

- So the student discounts one month by $(5 / 6)^{2}$.
- Discounts one year by $(5 / 6)^{24}$.
- Implies indifference between $\$ 100$ today and $\$ 7949.68$ in one year!

$$
100=\left(\frac{5}{6}\right)^{24} \cdot 7949.68
$$

## Exponential discounting: calibration

- Assume exponential discounting and linear utility of consumption.
- Suppose $\delta=0.9$ (over one month).
- Pick between $\$ 50$ today and $\$ 100$ in two months.
- Will pick $\$ 100$ in two months. $100 \cdot 0.9^{2}=81>50$.
- Suppose $\delta=0.7$.
- Pick between $\$ 50$ today and $\$ 100$ in two months.
- Will pick $\$ 50$ today. $100 \cdot 0.7^{2}=49<50$.


## Evidence against the Exponential Discounting Model

- Short-run impatience and long-run patience
- Time inconsistency
- Demand for commitment


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## What Does Patience being Constant over Time Mean?

- Question 1: would you like to
(a) eat one piece of candy now, or
(b) eat two pieces of candy in an hour?
- Question 2: would you like to
(a) eat one piece of candy in a week, or
(b) eat two pieces of candy in a week and an hour?
- Patience being constant over time means you'd either choose (a) for both or (b) for both
- Bonus question: why do the (a) options have one piece and the (b) options have two pieces?
- The exponential discounting world does allow for impatience (i.e. $\delta<1$ )
- Lots of evidence of short-run impatience and long-run patience
- which implies many individuals would choose (a) for question 1 and (b) for question $2_{7}$

Frederick et al. (2002): Estimated $\delta$ increases by time horizon


Figure: Frederick et al. (2002), Figure 1a
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## Time Consistency

- Time consistency (or dynamic consistency) = the action a person thinks she should take in the future always coincides with the action that she actually prefers to take once the time comes
- Time consistency an implication of the exponential discounting model
- Consider the choice between two actions in period $1, A$ and $B$
- At time $t=0$, the individual prefers action A over B if and only if

$$
u_{0}+\delta u_{1}(A)+\delta^{2} u_{2}(A)+\ldots \geq u_{0}+\delta u_{1}(B)+\delta^{2} u_{2}(B)+\ldots
$$

- Subtracting $u_{0}$ and dividing by $\delta$ gives

$$
u_{1}(A)+\delta u_{2}(A)+\ldots \geq u_{1}(B)+\delta u_{2}(B)+\ldots
$$

which means the individual prefers A over B at time $t=1$

- That is, in the exponential discounting model, preferring A over B at $t=0$ implies the individual will choose A over B at $t=1$
- i.e. the individual is time consistent
- Is time consistency realistic? Can you think of examples of time inconsistency?


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## Demand for Commitment

- Commitment device $=$ a choice an individual makes in the present which restricts his set of choices in the future
- In the exponential discounting model, would the individual want a commitment device?
- No. In this model, choices are time consistent so the future self will make whatever decision the present self prefers, whether or not choices are restricted.
- Can you think of examples of people demanding commitment devices?


## Evidence against the Exponential Discounting Model

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## Quasi-Hyperbolic Discounting Model

At time $t$, the person aims to maximize

$$
u_{t}+\beta \delta u_{t+1}+\beta \delta^{2} u_{t+2}+\beta \delta^{3} u_{t+3}+\ldots,
$$

- What's the key difference between this model and the exponential discounting model?
- $\beta$, the short-term discount factor
- $\beta$ relaxes the assumption that the amount of patience between any two periods is the same; it allows for more impatience between today and tomorrow than between 7 and 8 days from now
- Why is the quasi-hyperbolic discounting model a better fit, at least in some situations?
- Its two parameters allow for short-run impatience and long-run patience
- It predicts time-inconsistent behavior and demand for commitment


## Quasi-hyperbolic discounting

Algorithm

Utility is given for each $t$ by

$$
\begin{equation*}
U_{t}=\delta^{t-1} u_{t}\left(x_{t}\right)+\beta \sum_{s \geq t}^{T} \delta^{s-1} u_{s}\left(x_{s}\right) \tag{1}
\end{equation*}
$$

The algorithm to solve the optimal plan $\left(x_{t}^{*}\right)_{t=1}^{T}$ is by backwards induction.

1. Determine $x_{T}^{*}(\cdot)$, a function of $\left(x_{s}\right)_{s<T}$.

- first, calculate payoffs for each possible choice of $x_{T}$, given $\left(x_{s}\right)_{s<T}$
- second, choose the best choice; this is the function $x_{T}^{*}$

2. Then use this information to determine $x_{T-1}^{*}(\cdot)$, as function of $\left(x_{s}\right)_{s<T-1}$.
3. Continue until you reach $t=1$.

## Example

Actions $x_{t} \in\{0,1\}$. Payoffs

$$
u_{t}(x)= \begin{cases}0 & \text { if } x_{t}=0 \text { and } t<T  \tag{2}\\ -\theta_{t} & \text { if } x_{t}=1 \\ -\infty & \text { if } t=T \text { and } x_{s}=0 \text { for all } s \leq T\end{cases}
$$

l.e., at $T$, if you have not done $x_{t}$, you must do it!

At $T$, optimal policy is $x_{T}^{*}(x)=0$ if $x_{t}>0$ for any $t<T$, and 1 otherwise.
At $T-1$, it is more interesting. If $x_{t}=0$ for all $t<T-1$, then the optimal $x_{T-1}^{*}$ is to delay to $T$ if and only if

$$
\theta_{T-1}>\beta \delta \theta_{T}
$$

$\therefore$ incentives to delay increase as $\beta \rightarrow 0$.

## Three-period example ( $T=3$ )

Backwards induction:

- If $x_{1}=x_{2}=0$, then $x_{3}^{*}=1$.
- If $x_{1}=0$, then $x_{2}^{*}=1 \Longleftrightarrow-\theta_{2}>-\beta \delta \theta_{3}$.
- Then payoffs from $x_{1}$ are

$$
\begin{cases}-\theta_{1} & \text { if } x_{1}=1  \tag{3}\\ -\beta\left[\delta \theta_{2} x_{2}^{*}+\delta^{2} \theta_{3} x_{3}^{*}\right] & \text { if } x_{1}=0\end{cases}
$$

so that $x_{1}^{*}=1 \Longleftrightarrow-\theta_{1}>\beta\left[\delta \theta_{2} x_{2}^{*}+\delta^{2} \theta_{3} x_{3}^{*}\right]$.

- So we deduce that

$$
x^{*}= \begin{cases}(0,0,1) & \text { if } \beta \delta \theta_{3}<\theta_{2} \text { and } \beta \delta^{2} \theta_{3}<\theta_{1}  \tag{4}\\ (0,1,0) & \text { if } \theta_{2}<\beta \delta \theta_{3} \text { and } \beta \delta \theta_{2}<\theta_{1} \\ (1,0,0) & \text { otherwise. }\end{cases}
$$

E.g., as $\beta \rightarrow 0, x^{*}=(0,0,1)$.

As $\beta, \delta \rightarrow 1$, then $x^{*}=(1,0,0)$ (when $\theta_{t}$ increases in $t$ ).

## Three-period example, continued

The $x^{*}$ is the optimal policy or the agent's behavior.
Welfare (utility) at $t=1$ is given by

$$
u(\theta, \delta, \beta)= \begin{cases}-\beta \delta^{2} \theta_{3} & \text { if } \beta \delta \theta_{3}<\theta_{2} \text { and } \beta \delta^{2} \theta_{3}<\theta_{1}  \tag{5}\\ -\beta \delta \theta_{2} & \text { if } \theta_{2}<\beta \delta \theta_{3} \text { and } \beta \delta \theta_{2}<\theta_{1} \\ -\theta_{1} & \text { otherwise }\end{cases}
$$

Now suppose the parameters are such that $x_{1}^{*}=0$.
Demand for commitment. At $t=1$, would prefer to commit to $x_{2}=1$ if

$$
\theta_{2}<\delta \theta_{3}
$$

but in reality, will not do $x_{2}=1$ at $t=2$ unless

$$
\theta_{2}<\beta \delta \theta_{3}
$$

Hence commitment has value when $\theta_{2} \in\left[\beta \delta \theta_{3}, \delta \theta_{3}\right]$. In this region, the willingness to pay ${ }^{18}$ for a commitment device at $t=1$ is $-\beta \delta\left(\theta_{2}-\delta \theta_{3}\right)$.

## Numerical example

Let $\left(\theta_{1}, \theta_{2}, \theta_{3}\right)=\left(\frac{8}{9}, 1,2\right)$.
Let $\delta=0.9$ and $\beta=\frac{1}{2}$. Recall the optimal policy is

$$
x^{*}= \begin{cases}(0,0,1) & \text { if } \beta \delta \theta_{3}<\theta_{2} \text { and } \beta \delta^{2} \theta_{3}<\theta_{1}  \tag{4}\\ (0,1,0) & \text { if } \theta_{2}<\beta \delta \theta_{3} \text { and } \beta \delta \theta_{2}<\theta_{1} \\ (1,0,0) & \text { otherwise } .\end{cases}
$$

Check:

- $\beta \delta \theta_{3}=\frac{1}{2} \cdot \frac{9}{10} \cdot 2<1=\theta_{2} \checkmark$
- $\beta \delta^{2} \theta_{3}=\frac{1}{2} \cdot \frac{81}{100} \cdot 2<\frac{8}{9}=\theta \checkmark$
$\therefore$ Agent does the action at $t=3$ by equation (4).
Would the agent prefer to do it at $t=2$, from the viewpoint of $t=1$ ? I.e., check if $\theta_{2}<\delta \theta_{3}$ :

$$
\theta_{2}=1<\delta \theta_{3}=\frac{9}{10} \cdot 2
$$

Indeed! The agent would. And the value of the commitment device is

## Beliefs

Studying the model further.
Now, although the agent's true preferences are still given by (1) in each $t$, the agent thinks that it will behave in the future as if its $\beta$ were some $\hat{\beta}$. Say

- "naïve" if $\hat{\beta}=1$
- "sophisticated" if $\hat{\beta}=\beta$

This affects the calculation of the $x^{*}$ 's, which depend on $\hat{\beta}!$ In the example, use $\hat{\beta}$ in (4) rather than the true $\beta$.
Remark. Frank's shortcut. If $\hat{\beta}=1$, then you can calculate all of the $x^{*}$ 's as in a "standard" (exponential-discounting) dynamic optimization problem starting at each $t$.

But to evaluate payoffs, still use the true $\beta$. E.g.,

$$
\tilde{u}(\theta, \delta, \beta, \hat{\beta})= \begin{cases}-\beta \delta^{2} \theta_{3} & \text { if } \hat{\beta} \delta \theta_{3}<\theta_{2} \text { and } \hat{\beta} \delta^{2} \theta_{3}<\theta_{1}  \tag{6}\\ -\beta \delta \theta_{2} & \text { if } \theta_{2}<\hat{\beta} \delta \theta_{3} \text { and } \hat{\beta} \delta \theta_{2}<\theta_{1} \\ -\theta_{1} & \text { otherwise. }\end{cases}
$$

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