Advanced Leadership Communication Working with Teams – Part I: Running Effective Meetings

March 2, 2016



Meeting Planning Checklist

- Why meet?
- Who to include?
- What to discuss?
- How to record ideas?
- Where to meet?

Meeting Goals and Purpose

Identifying problems	Solving problems
Brainstorming ideas	Gathering information
Organizing	Decision making
Completing	Planning for implementation

Balancing Competing Needs

- Maximize speed
- End on time
- Prioritize task by emphasizing a fast decision
- Be individually accountable; resist "groupthink"
- Work with limited perspective and resources

- Maximize input
- Take time needed to be thoughtful & creative
- Prioritize process by promoting discussion and inclusion
- Be mutually accountable: move with the group
- Work with diverse perspectives and resources

Who to Invite?

- How many participants?
- What type of group do you want?
- Who needs to be there?
- How much background or new information do they need?

Orchestrate the Roles

- Who will serve as facilitator?
- Who will serve as scribe?
- Who will serve as timer?
- Who will serve as minutes writer?

Set the Agenda

- Specify the purpose and the participants
- Schedule agenda items
- Explain each agenda item
- Decide on the discussion format
- Decide on a decision-making technique
- Distribute the agenda in advance

Opening the Meeting

Set the tone
Remind participants of their roles
Reach agreement on ground rules
Involve people early

Mental Listening Skills

- Remove internal and external barriers
- Show an active interest in understanding others
- Hear the difference between issues and motives
- Distinguish between logical and emotional content

Nonverbal Listening Skills

- Posture "an open center"
- Eye contact "listening/speaking connection"
- Facial expressions and nodding
- Hand and arm gestures
- Awareness of others' body language

Decision-making Models

- Executive or expert decisions
- Majority vote
- Consensus

Ending the Meeting

- Know when to end
- Summarize the meeting
- Confirm the summary
- End on a positive note
- Follow-up to ensure implementation

Preview of Mon. & Wed. Classes

- Leadership Communication: Presenting to a Hostile Audience
- Enjoy SIP & Spring Break
- March 28th Class: Leadership Communication: Working with Teams: Part II (Team Roles)
- **READ:** The Process of Building and Maintaining a Group, by E. Schein

MIT OpenCourseWare https://ocw.mit.edu

15.281 Advanced Communication for Leaders Spring 2016

For information about citing these materials or our Terms of Use, visit: https://ocw.mit.edu/terms.