# Groups and Teams

15.301 Managerial Psychology John S. Carroll

### More and More Teams

- Last year, how many teams were you on?
- Business is increasingly team-based as departments and hierarchies yield to projects and networks. Flexibility requires expertise where the work is done.
- We live our lives in groups: family, MIT living group, class, club, sports team, committee, project team,...
- Teams leverage varied expertise, motivate performance, offer learning opportunities, give emotional support...

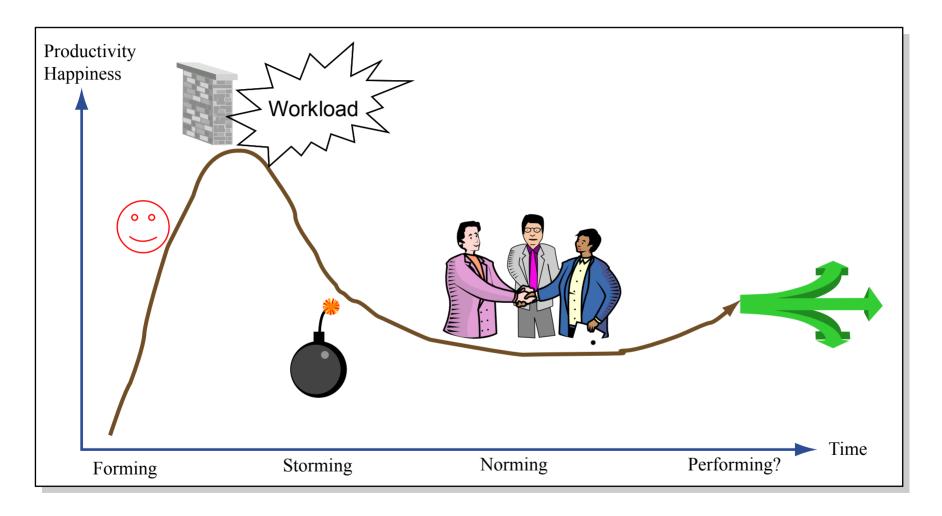
### Kinds of Teams

- Your project team is a temporary formal work group
- Groups can be temporary or permanent, formal (created by an organization) or informal (created by individuals to fulfill their needs), focused on work, socializing, personal growth, etc.

### Team Effectiveness

- How many of you were on a team that did really well? Do you know why?
- Any teams that messed up? In terms of:
  - Performance goals (quality, quantity, timeliness, efficiency, innovation)
  - Member satisfaction (meet individual needs, maintain trust)
  - Team learning (skills, perspectives, behaviors)
  - Customer satisfaction (external stakeholders)

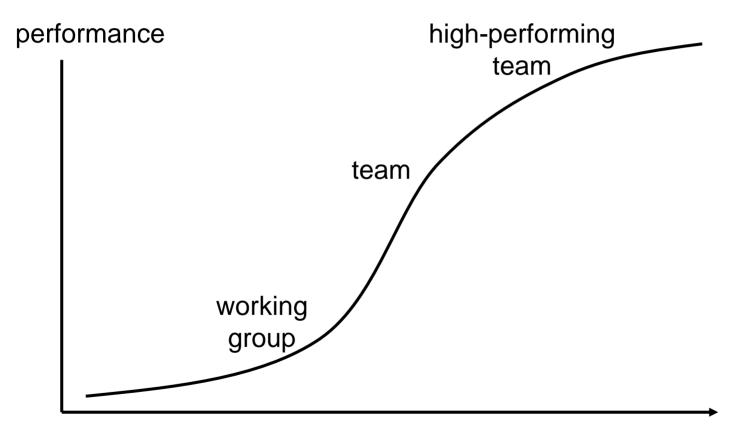
## Teams Develop Over Time



## Team Challenges

- Changes such as starting up, adding a new person, or beginning a project challenge a team to grow
- We can simplify team development into stages or challenges that may be experienced many times
- Forming: Who are we? Who leads? Who cares?
- **Storming**: We are different. We disagree.
- Norming: We set goals, assign tasks, develop routines, manage conflict, hold each other accountable
- **Performing**: We coordinate, trust each other, care
- Renewing/Disbanding: We learn, revisit our goals, thank each other, say goodbye

### Team Performance Curve



team effectiveness

### Team Performance Video

### Working Group

- Only common purpose is to complete a task
- Focus on individual performance
- Incremental results

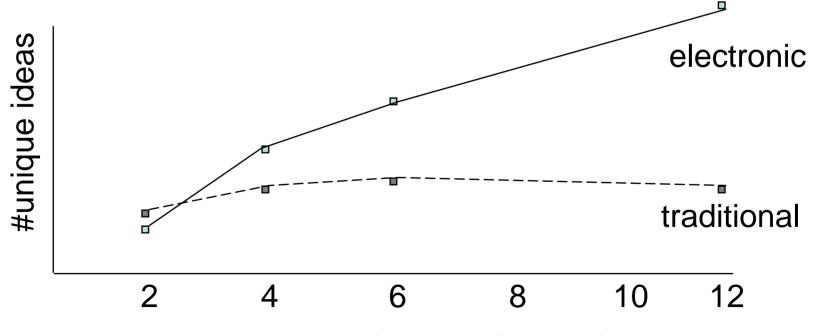
#### Team

- Complementary skills, division of labor
- Commitment to team purpose & performance
- Mutual accountability
- Able to overcome barriers
- Higher performance
- High Performance Team
  - And members committed to each other's personal growth

Katzenbach & Smith The Wisdom of Teams

# Everything In Groups?

- Research shows group brainstorming produces fewer ideas than nominal group (individual) brainstorming
- Yet people persist in believing in group benefits



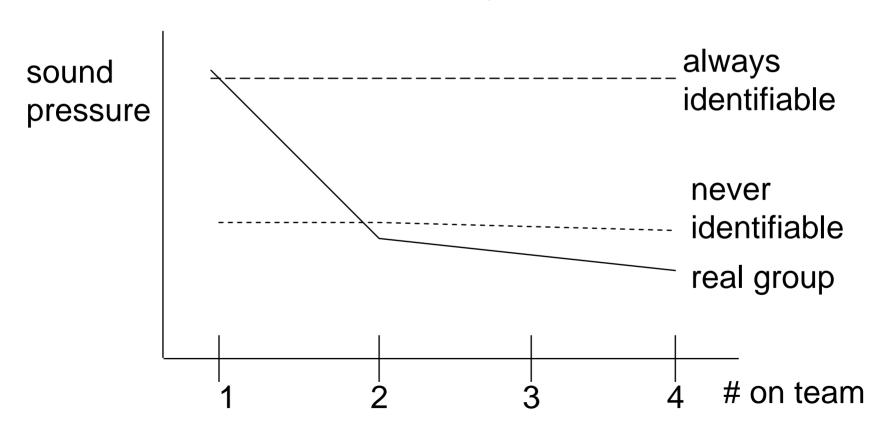
(Gallupe & Cooper, Sloan Mgmt Rev, 1993)

### **Process Losses**

- Cost in time for meetings
- Coordination losses depend on task baseball: success is 90% member skill basketball: success is 35% skill
- Motivation losses diffusion of responsibility/social loafing
- Political struggles, influence processes who gets air time, power, rewards? hierarchy, majority vs. minority influence

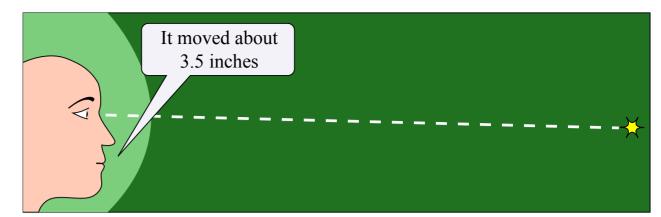
## Social Loafing

depends on identifiability of contributions



### Norm Formation

- Groups form norms (expected and typical behaviors), e.g., who will sit where, who talks a lot, how do we divide up work, how is conflict handled, who leads, how are emotions expressed
- Sherif found that groups converged on a group norm for the autokinetic effect
- Group norms could be influenced by an extreme confederate
- Individuals could be replaced over generations but the norm remained



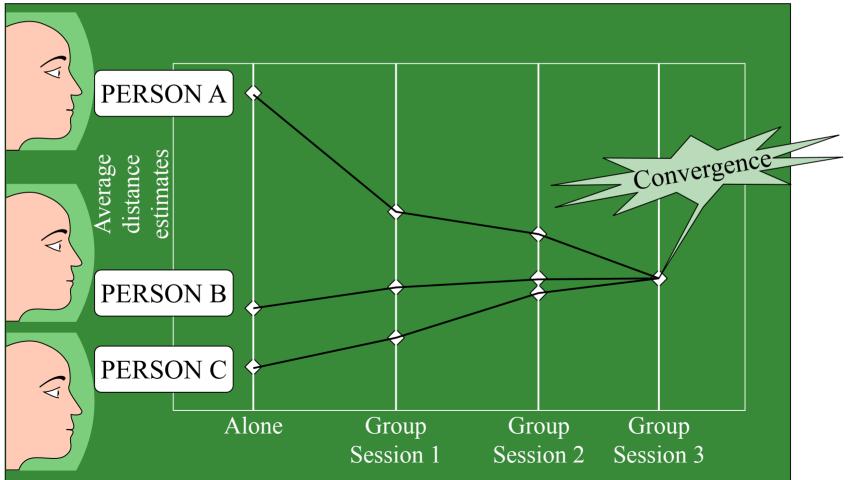


Figure by MIT OCW.

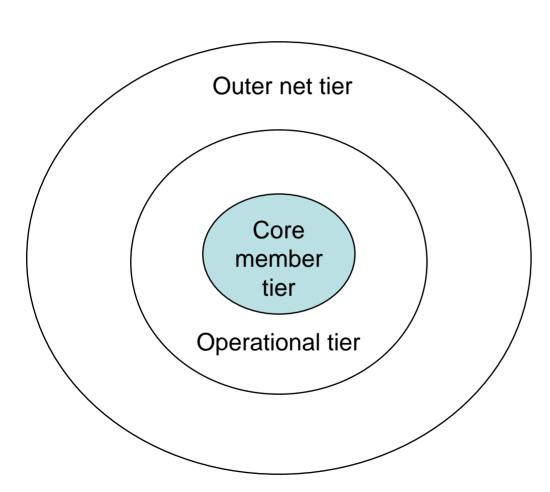
## **Group Cohesiveness**

- Cohesiveness is attraction to the group
- Similarity/identity, proximity, success, few alternative sources of reward, shared threat lead to more cohesiveness
- Cohesiveness can be good, but it can lead to conflict avoidance, poor results, defensiveness toward outsiders, GroupThink (more next time)

## Roles In Groups

- Newcomer, task coordinator, facilitator, emotion manager, scout, ambassador
- Leadership can be distributed
- Fuzzy boundaries: Mortensen (2004) found groups think they know who is in the group but disagree
- Ancona et al find more X-Teams where people are differentially "core" to the team

## X-Teams' Expandable Tiers



Core: carry team identity, create strategy and make key decisions

Operational: do ongoing work, focus on specific tasks and decisions

Outer-net: specialized expertise for separable tasks, join and leave

Bacon & eggs breakfast: pig is committed; chicken is involved; the cow is a provider