

18. RANDOM WALKS ON FINITE GROUPS II

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Setup:

- Let G be a finite group.
- $\mu : G \rightarrow \mathbb{R}$ is a probability measure on G , i.e., $\mu(g) \geq 0$, $\sum_{g \in G} \mu(g) = 1$.
- Starting with $g_0 \in G$, let $h_t \in G, t = 1, 2, \dots$ be sampled according to μ , and define the random walk on G by $g_t = g_{t-1} \cdot h_t, t = 1, 2, \dots$

Question: how evenly distributed is g_K on G for large K ?

To state our question more precisely, we introduce some definitions. For two functions $f_1, f_2 : G \rightarrow \mathbb{C}$, define

$$f_1 * f_2(g) = \sum_{g_1, g_2 = g} f_1(g_1) f_2(g_2), \quad \forall g \in G.$$

Define the operator $T_\mu : \ell^2(G) \rightarrow \ell^2(G)$ by $T_\mu f = f * \mu$. It is straightforward to check that for any K , $T_\mu^K \delta_{g_0}$ is the distribution of g_K defined as above. Our main question is to estimate

$$\|T_\mu^K \delta_{g_0} - \frac{1}{|G|} \mathbf{1}\|_{\ell^2(G)}$$

for large $K \in \mathbb{N}$.

We start with some easy observations.

Lemma 18.1. $T_\mu \mathbf{1} = \mathbf{1}$, and $\|T_\mu f\|_{\ell^2(G)} \leq \|f\|_{\ell^2(G)}, \forall f \in \ell^2(G)$.

Proof. The first claim can be checked straightforwardly. For the second claim, we define the right shift operator $R_g : \ell^2(G) \rightarrow \ell^2(G)$ by

$$R_g f(h) = f(f \cdot g^{-1}), \quad \forall f \in \ell^2(G), g, h \in G.$$

It is easy to check that $R_g : \ell^2(G) \rightarrow \ell^2(G)$ is an isometry, and it holds that

$$T_\mu f = f * \mu = \sum_{g \in G} \mu(g) R_g f, \quad \forall f \in \ell^2(G).$$

Therefore, it follows from the triangle inequality that

$$\|T_\mu f\|_{\ell^2(G)} \leq \sum_{g \in G} \mu(g) \|R_g f\|_{\ell^2(G)} = \|f\|_{\ell^2(G)}. \quad \square$$

Denote $\ell^2(G)_0$ as the orthogonal complement of the constant functions in $\ell^2(G)$. One can verify that T_μ maps $\ell^2(G)_0$ to itself. Denote by $\sigma_1(T_\mu)$ the largest singular value of the operator $T_\mu : \ell^2(G)_0 \rightarrow \ell^2(G)_0$.

Lemma 18.2. For any $K \in \mathbb{N}$, it holds that

$$\|T_\mu^K \delta_{g_0} - \frac{1}{|G|} \mathbf{1}\|_{\ell^2(G)} \leq \sigma_1(T_\mu)^K.$$

Proof. Write $\delta_{g_0} = \frac{1}{|G|}\mathbf{1} + (\delta_{g_0})_h$, where $(\delta_{g_0})_h = \delta_{g_0} - \frac{1}{|G|}\mathbf{1} \in \ell^2(G)_0$. We have for any $K \in \mathbb{N}$, $T_\mu^K \delta_{g_0} = \frac{1}{|G|}\mathbf{1} + T_\mu^K (\delta_{g_0})_h$, and thus

$$\|T_\mu^K \delta_{g_0} - \frac{1}{|G|}\mathbf{1}\|_{\ell^2(G)} \leq \|T_\mu^K (\delta_{g_0})_h\|_{\ell^2(G)} \leq \sigma_1(T_\mu)^K \|(\delta_{g_0})_h\|_{\ell^2(G)} \leq \sigma_1(T_\mu)^K. \quad \square$$

For a subset A of G , we denote $\mu_A = \frac{1}{|A|}\mathbf{1}_A$ and abbreviate T_{μ_A} as T_A . Of particular interest of us is the following concrete example: let $G = \mathrm{SL}_2(\mathbb{F}_p)$ where p is a large prime and

$$A_{\mathrm{sel}} = \left\{ \begin{pmatrix} 1 & \pm 1 \\ 0 & 1 \end{pmatrix}, \begin{pmatrix} 1 & 0 \\ \pm 1 & 1 \end{pmatrix} \right\} \subset \mathrm{SL}_2(\mathbb{F}_p).$$

We will focus on the following theorem of Selberg.

Theorem 18.3. *There exists a universal constant $c > 0$ such that, for every p , $\sigma_1(T_{A_{\mathrm{sel}}}) \leq 1 - c$.*

In general, for a pair (G, A) where A is a subset of the group G , we are interested in $\sigma_1(T_A)$. This is not only because it is related to the mixing of random walks on G with steps in A (see Lemma 18.2), but also because the spectral gap $1 - \sigma_1(T_A)$ reflects a certain expansion property of the corresponding Cayley graph.

More precisely, for $A \subset G$ that is symmetric and generates G , we define $\mathrm{C}(G, A)$ as the graph with vertices corresponding to the elements of G , and with edges $(g_1, g_2) \in E$ if there exists $a \in A$ such that $g_2 = g_1 \cdot a$. Note that A generates G , which implies that $\mathrm{C}(G, A)$ is connected. Moreover, for a subset $S \subset G$, we denote $E(S, S^c)$ as the set of edges $(g_1, g_2) \in E$ such that $g_1 \in S$ and $g_2 \in S^c$.

Lemma 18.4. *For any $S \subset G$, it holds that*

$$|E(S, S^c)| \geq (1 - \sigma_1(T_A)) \frac{|A||S||S^c|}{|G|}.$$

Proof. It is straightforward to check that

$$\begin{aligned} |E(S, S^c)| &= |A| \langle T_A \mathbf{1}_S, \mathbf{1}_{S^c} \rangle \\ &= |A| \langle \frac{|S|}{|G|} \mathbf{1}, \frac{|S^c|}{|G|} \mathbf{1} \rangle + |A| \langle T_A (\mathbf{1}_S)_h, (\mathbf{1}_{S^c})_h \rangle \\ &\geq \frac{|A||S||S^c|}{|G|} - \sigma_1(T_A) \|(\mathbf{1}_S)_h\|_{\ell^2(G)} \|(\mathbf{1}_{S^c})_h\|_{\ell^2(G)} \\ &\geq (1 - \sigma_1(T_A)) \frac{|A||S||S^c|}{|G|}. \end{aligned} \quad \square$$

Combining Lemma 18.2 with Theorem 18.3, we obtain that for any $S \subset G = \mathrm{SL}_2(\mathbb{F}_p)$ with $|S| \leq \frac{|G|}{2}$, in the graph $\mathrm{C}(\mathrm{SL}_2(\mathbb{F}_p), A_{\mathrm{sel}})$,

$$|E(S, S^c)| \geq \frac{c|A||S|}{2}.$$

For a large graph $H = (V, E)$, we say H is an expander graph, if there exists a universal constant $c > 0$ such that for any $S \subset V$ with $|S| \leq \frac{|V|}{2}$, $E(S, S^c) \geq \frac{c|E||S|}{|V|}$. The above result indicates that $C(\text{SL}_2(\mathbb{F}_p), A_{\text{sel}})$ is a sparse expander graph (here sparse means that the graph has average degree $O(1)$). While Selberg did not state his theorem exactly in the form above, his work is in a sense the first proof of the existence of sparse expander graphs. In what follows we fix a large prime number p and let $G = \text{SL}_2(\mathbb{F}_p)$. We now discuss the proof of Theorem 18.3. We will not give a complete proof, but we will discuss some of the ideas in the proof, following the approach developed by Sarnak-Xue in the early 1990s.

ℓ^2 -bound. We claim the following ℓ^2 -estimate of $\sigma_1(T_\mu)$.

Theorem 18.5. *There exists a universal constant $C > 0$ such that*

$$\sigma_1(T_\mu)^2 \leq Cp^2 \|\mu\|_{\ell^2(G)}^2.$$

We begin with a lemma on non-trivial representations of $G = \text{SL}_2(\mathbb{F}_p)$.

Lemma 18.6. *Let $\rho : G \rightarrow \text{U}(d)$ be a non-trivial representation of G , then $d \geq \frac{p-1}{2}$.*

Proof. Consider the following two elements in G :

$$u = \begin{pmatrix} 1 & 1 \\ 0 & 1 \end{pmatrix}, \quad v = \begin{pmatrix} 1 & 0 \\ 1 & 1 \end{pmatrix}.$$

It is easy to check that u, v generates G . Since ρ is non-trivial, without loss of generality we may assume that $\rho(u) \neq I_d$. Note that

$$\begin{pmatrix} a & 0 \\ 0 & a^{-1} \end{pmatrix} \begin{pmatrix} 1 & 1 \\ 0 & 1 \end{pmatrix} \begin{pmatrix} a^{-1} & 0 \\ 0 & a \end{pmatrix} = \begin{pmatrix} 1 & a^2 \\ 0 & 1 \end{pmatrix}, \quad \forall a \in \mathbb{F}_p^*.$$

This implies that u is conjugate to u^{a^2} for any $a \in \mathbb{F}_p^*$. Let Λ be the multi-set of eigenvalues of $\rho(u)$, we have $\Lambda = \Lambda^{a^2}, \forall a \in \mathbb{F}_p^*$. On the other hand, since $u^p = 1$, we have $\Lambda \subset \{z \in \mathbb{C}, z^p = 1\}$. Moreover, one can check that $\Lambda \neq \{1, \dots, 1\}$, as this would imply that $\rho(u)^p \neq I_d$ (unless $\rho(u) = I_d$). Consequently, we can pick $\lambda \in \Lambda$ such that $\lambda \neq 1$. Then, the $\frac{p-1}{2}$ distinct elements $\lambda^{a^2}, a \in \mathbb{F}_p^*$ all lie in Λ . We conclude that $d \geq |\Lambda| \geq \frac{p-1}{2}$, as desired. \square

The above lemma says that any non-trivial representation of $G = \text{SL}_2(\mathbb{F}_p)$ has dimension at least of order p . This lower bound is order tight: consider the subgroup U of G :

$$U = \left\{ \begin{pmatrix} a & t \\ 0 & a^{-1} \end{pmatrix}, a \in \mathbb{F}_p^*, t \in \mathbb{F}_p \right\},$$

which has size of order p^2 . We have G acts on G/U induces a non-trivial representation with dimension of order p .

Before proving Theorem 18.5, we first introduce some notations. For $\mu : G \rightarrow \mathbb{R}$, define $\mu^*(g) = \mu(g^{-1})$, $\forall g \in G$. One can check that T_μ^* , the adjoint of T_μ , equals T_{μ^*} . Moreover, $T_\mu T_\mu^* = T_\mu T_{\mu^*} = T_{\mu * \mu^*}$. Denote $\nu = \mu * \mu^*$.

Proof of Theorem 18.5. Let $V \subset \ell^2(G)_0$ be the eigenspace of $T_\nu = T_\mu T_\mu^*$ that corresponds to the eigenvalue $\lambda_1(T_\nu) = \sigma_1(T_\mu)^2$. Consider the left shift operator $L_g : \ell^2(G) \rightarrow \ell^2(G)$ defined by $L_g f(h) = f(g^{-1}h)$, $\forall f \in \ell^2(G), g, h \in G$. It is straightforward to check that L_g commutes with T_ν , and thus L_g maps V to itself. Since V does not contain any constant function, L_g induces a non-trivial representation of G on V . By Lemma 18.6, we have $\dim(V) \geq \frac{p-1}{2}$, and thus $\lambda_1(T_\nu)$ has multiplicity at least $\frac{p-1}{2}$. Therefore, by the trace formula we have

$$\begin{aligned} \frac{p-1}{2} \sigma_1(T_\mu)^2 &= \frac{p-1}{2} \lambda_1(T_\mu) \leq \sum_i \lambda_i(T_\nu) = \text{Tr}(T_\nu) \\ &= \text{Tr}(T_\mu T_\mu^*) = \sum_{g_1, g_2 \in G} T_{\mu, g_1, g_2}^2 = |G| \sum_{g \in G} \mu(g)^2 = |G| \|\mu\|_{\ell^2(G)}^2. \end{aligned}$$

Since $|G| \sim p^3$, the desired result follows. \square

As a corollary, we see that for any set $A \subset G$ with $|A| \geq 2Cp^2$, it holds that $\sigma_1(T_A)^2 \leq Cp^2 \|\mu_A\|_{\ell^2(G)}^2 \leq 1/2$. Note that for U the subgroup of G defined as above, we have $|U| \sim p^2$ and $\sigma_1(T_U) = 1$. This example also shows that the result of Theorem 18.5 is order-tight.

We say μ is symmetric if $\mu = \mu^*$ (i.e. $\mu(g) = \mu(g^{-1})$). When μ is symmetric, we have T_μ is self-adjoint and thus $\sigma_1(T_\mu)^K = \lambda_1(T_\mu)^K = \lambda_1(T_\mu^K) = \lambda_1(T_{\mu^{*K}}) = \sigma_1(T_{\mu^{*K}})$. Applying Theorem 18.5, we obtain that for any $K \in \mathbb{N}$, it holds that

$$\sigma_1(T_{A_{\text{sel}}})^K \leq Cp^2 \|\mu_{A_{\text{sel}}}^{*K}\|_{\ell^2(G)}^2.$$

Our plan is to pick $K = C_0 \log p$ for some universal constant $C_0 > 0$, and show that $\|\mu_{A_{\text{sel}}}^{*K}\|_{\ell^2(G)}^2 \leq p^{-2.1}$. This would imply that $\sigma_1(T_{A_{\text{sel}}}) \leq 1 - c$ for some universal $c = c(C, C_0) > 0$.

Lifting to $\text{SL}_2(\mathbb{Z})$. Consider the projection $\pi_p : \mathbb{Z} \rightarrow \mathbb{F}_p$, which induces a group homomorphism $\Pi_p : \text{SL}_2(\mathbb{Z}) \rightarrow \text{SL}_2(\mathbb{F}_p)$. Let M be a probability measure on $\text{SL}_2(\mathbb{Z})$ and we let $\mu = \Pi_p(M)$ be its push-forward onto $\text{SL}_2(\mathbb{F}_p)$. It holds that $\Pi_p(M^{*K}) = \mu^{*K}$ for any $K \in \mathbb{N}$. Therefore, to understand $\mu_{A_{\text{sel}}}^{*K}$ for large $K \in \mathbb{N}$, we may try to first understand $M_{A_{\text{sel}}}^{*K}$, where $M_{A_{\text{sel}}} = \frac{1}{4} \mathbf{1}_{A_{\text{sel}}}$, and then understand how it projects onto $\text{SL}_2(\mathbb{F}_p)$.

Some good features about $\text{SL}_2(\mathbb{Z})$:

- (1) $\text{SL}_2(\mathbb{Z})$ is virtually free, meaning that it has a finite index free subgroup.
- (2a) $\text{SL}_2(\mathbb{Z}) \subset \text{SL}_2(\mathbb{R})$ closely related to Lie groups.

(2b) $\mathrm{SL}_2(\mathbb{Z})$ acts nicely on the \mathbb{H}^2 hyperbolic plane.

Intuition about convolution on $\mathrm{SL}_2(\mathbb{Z})$: As a warm-up, consider the convolution on \mathbb{Z} . Let $\mu = \frac{1}{2}(\delta_1 + \delta_{-1})$. By the central limit theorem, μ^K can be approximated by Gaussian, which intimately relates to the heat kernel on \mathbb{R} . In light of this, we might hope that for a probability measure M on $\mathrm{SL}_2(\mathbb{Z})$, there is some central limit theorem for matrices, and the convolution M^{*K} would be related to the “heat kernel” on $\mathrm{SL}_2(\mathbb{R})$.

Consider the “ball” in $\mathrm{SL}_2(\mathbb{R})$ with radius T , defined as follows:

$$B_T := \left\{ \begin{pmatrix} a & b \\ c & d \end{pmatrix} \in \mathrm{SL}_2(\mathbb{R}) : a^2 + b^2 + c^2 + d^2 \leq T^2 \right\}.$$

Moreover, we denote $B_T(\mathbb{Z}) := B_T \cap \mathrm{SL}_2(\mathbb{Z})$.

Lemma 18.7. *For T large, we have $|B_T(\mathbb{Z})| \approx T^2$.*

Proof sketch. We need to count the solutions of $ad - bc = 1$, $a, b, c, d \in \mathbb{Z}$, $a^2 + b^2 + c^2 + d^2 \leq T^2$. For a typical pair $(a, d) \in [-T, T]^2$, the number of pairs $(b, c) \in [-T, T]^2$ such that $bc = ad - 1$ is at least 1, and at most $T^{o(1)}$. This suggests $|B_T(\mathbb{Z})| \approx T^2$. \square

Vague statement: for large K , M^{*K} is roughly equally distributed on $B_T(\mathbb{Z})$, where $T \sim \exp(c(M) \cdot K)$.

Let us see how a statement of this form about random walks on $SL_2(\mathbb{Z})$ leads to a spectral gap in $SL_2(\mathbb{F}_p)$.

Lemma 18.8. *If μ is symmetric, then $\|\mu^{*K}\|_{\ell^2(G)}^2 = \mu^{*2K}(I)$, where $I \in G$ is the identity element.*

Proof. By definition we have

$$\|\mu^{*K}\|_{\ell^2(G)}^2 = \sum_{g \in G} \mu^{*K}(g)^2 = \sum_{g \in G} \mu^{*K}(g) \mu^{*K}(g^{-1}) = \mu^{*2K}(I). \quad \square$$

This leads us to examine $\|\mu_{A_{\mathrm{sel}}}^{*K}\|_{\ell^2(G)}^2 = \mu_{A_{\mathrm{sel}}}^{*2K}(I)$, where $I \in SL_2(\mathbb{F}_p)$ is the identity. We can relate this to a measure on $SL_2(\mathbb{Z})$. To set this up, let $\Gamma_p \subset \mathrm{SL}_2(\mathbb{Z})$ be the pre-image of $I \in \mathrm{SL}_2(\mathbb{F}_p)$ under Π_p , i.e.,

$$\Gamma_p := \left\{ a, b, c, d \in \mathbb{Z}, ad - bc = 1, \begin{pmatrix} a & b \\ c & d \end{pmatrix} \equiv \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} \pmod{p} \right\}$$

Now we have

$$\|\mu_{A_{\mathrm{sel}}}^{*K}\|_{\ell^2(G)}^2 = \mu_{A_{\mathrm{sel}}}^{*2K}(I_2) = \Pi_p(M_{\mathrm{sel}}^{*2K}(I)),$$

and by the vague statement, we expect

$$\Pi_p(M_{\mathrm{sel}}^{*2K}(I_2)) \approx \frac{|\Gamma_p \cap B_T(\mathbb{Z})|}{|B_T(\mathbb{Z})|}$$

where $T \sim \log p$. Since $\mathrm{SL}_2(\mathbb{F}_p)$ has size of order p^3 , it is natural to expect that for large T , $\Gamma_p \cap B_T(\mathbb{Z})$ occupies nearly a p^{-3} -fraction in $B_T(\mathbb{Z})$. The following lemma shows that this is indeed the case.

Lemma 18.9. *For $T > p^2$, it holds that $|\Gamma_p \cap B_T(\mathbb{Z})| \lesssim p^{-3}T^2$.*

Proof. For any $\begin{pmatrix} a & b \\ c & d \end{pmatrix} \in \Gamma_p$, we have $p \mid b, p \mid c$, and thus $p^2 \mid bc = ad - 1$. Meanwhile, we have $p \mid a-1, p \mid d-1$, which implies $p^2 \mid (a-1)(d-1) = ad - a - d + 1$. Altogether we conclude that $p^2 \mid a + d - 2$. In light of this, we see that for $\begin{pmatrix} a & b \\ c & d \end{pmatrix} \in \Gamma_p \cap B_T(\mathbb{Z})$, $a \in [-T, T]$ has at most $O(p^{-1}T)$ choices, and given a , d satisfies $d \equiv -2 - a \pmod{p^2}$ has at most $O(p^{-2}T)$ choices (here we use the fact that $T > p^2$). Finally, given a, d , b, c satisfies $bc = ad - 1$ has at most $T^{o(1)}$ choices. Combining things together, we obtain the desired bound. \square

Proof sketch for Theorem 18.3. Assuming the vague statement about random walks on $SL_2(\mathbb{Z})$ we can now assemble our ingredients to give a proof sketch of Selberg's theorem.

We pick K such that $T \sim \exp(c(M_{\mathrm{sel}})K) \sim p^{1.1}$, and thus $K \leq C_0 \log p$ for a universal constant $C_0 > 0$. By the vague statement and Lemmas 18.8, 18.9, we have

$$\|\mu_{A_{\mathrm{sel}}}^{*K}\|_{\ell^2(G)}^2 \lesssim \frac{|\Gamma_p \cap B_T(\mathbb{Z})|}{|B_T(\mathbb{Z})|} \lesssim \frac{p^{-3}T^2}{T^2} = p^{-3}.$$

Applying Theorem 18.5, we obtain that $\sigma_1(T_{A_{\mathrm{sel}}})^K \lesssim p^{-1}$. This yields that $\sigma_1(T_{A_{\mathrm{sel}}}) \leq 1 - c$ for some universal constant $c > 0$. \square

Connection to hyperbolic geometry

Selberg's theorem is closely connected to hyperbolic geometry. In fact, Selberg's original theorem was about the eigenvalues of the Laplacian on certain hyperbolic manifolds. The hyperbolic manifold perspective also gives a nice approach to the vague statement in the proof sketch above. In this short section, we briefly introduce these ideas.

Recall that $\mathrm{SL}_2(\mathbb{Z})$ acts isometrically on \mathbb{H}^2 . Let $X(p) = \mathbb{H}^2/\Gamma_p$. If p is large, then the action is properly discontinuous, and so $X(p)$ is a hyperbolic surface. It is a complete surface with finite area and with some cusps. Note that $X(p)$ is a cover of $X(1)$, and the group of deck transform of $X(p)$ is $\mathrm{SL}_2(\mathbb{F}_p)$. So the “large scale geometry” of $X(p)$ is closely related to the geometry of the Cayley graph of $SL_2(\mathbb{F}_p)$ with generators A , where A is the reduction mod p of some set of generators of $SL_2(\mathbb{Z})$. For instance, we could take $A = A_{\mathrm{sel}}$.

Consider the spectrum of the Laplacian of $X(p)$. We have 0 lies in the spectrum, but above 0 there is a gap. Denote $\lambda_1(X(p))$ the smallest positive eigenvalue of

the Laplacian of $X(p)$. Selberg proved that $\lambda_1(X(p)) \geq \frac{3}{16}$ and conjectured that $\lambda_1(X(p)) \geq \frac{1}{4} - o(1)$. Because of the close connection between the geometry of $X(p)$ and the geometry of the Cayley graph of $SL_2(\mathbb{F}_p)$, it is not too hard to show that a lower bound for $\lambda_1(X(p))$ is equivalent to an upper bound for $\sigma_1(T_A)$, with A as above.

The proof we sketched above can be translated into hyperbolic geometry using the heat kernel. The heat kernel describes a diffusion process on a Riemannian manifold, and it is a continuous analogue of a random walk. The heat kernel on a Riemannian manifold is written as $H_t(x, y)$, where t represents time, and x, y live in the Riemannian manifold. The probabilistic interpretation is that $H_t(x, y) d\text{vol}_y$ is the probability distribution for the position of a particle that started at x and then diffused for time t .

We write $H_{t, X(p)}$ for the heat kernel on $X(p)$. We think of $H_{t, X(p)}$ as analogous to μ^{*k} in the proof sketch above, with t analogous to k .

First big step: Prove that $H_{t, X(p)}$ is roughly evenly distributed on $X(p)$. We will discuss the proof of this more below.

In particular, we prove that there is a constant C_0 so that if $t = C_0 \log p$ and $x \in X(p)$, and for $t = C_0 \log p$, then

$$\|H_{t, X(p)}(x, y)\|_{L_y^2}^2 \leq p^{-2.1}.$$

This is analogous to proving that $\|\mu^{*k}\|_{L^2(SL_2(\mathbb{F}_p))}^2 \leq p^{-2.1}$. There is a close connection between the mixing properties of the heat kernel and the eigenvalues of the Laplacian on a Riemannian manifold. This connection is analogous to the trace formula that we used in the finite group setting. On a closed manifold, the formula has a simple form closely parallel to the formulas we used above. If we let $0 = \lambda_0 < \lambda_1 \leq \lambda_2 \leq \dots$ be the spectrum of the Laplacian on a compact Riemannian manifold M , then we have

$$\sum_j e^{-2t\lambda_j} = \int_M H_{2t}(x, x) d\text{vol} = \int_{M \times M} H_t(x, y)^2 dx dy.$$

Since $X(p)$ is not compact, its spectral theory is a little more complicated, but this is a technical detail. This part of the proof is less elementary in the hyperbolic setting than in the finite group setting, but it is basically analogous.

Since $SL_2(\mathbb{F}_p)$ acts isometrically on $X(p)$, each eigenspace is a representation of $SL_2(\mathbb{F}_p)$. The main case is when the representation on the λ_1 eigenspace is non-trivial. Then it has dimension at least $(p-1)/2$ and so we get

$$\frac{p-1}{2} e^{-2t\lambda_1} \leq \int_{M \times M} H_t(x, y)^2 dx dy.$$

Then the first big step gives us, with $t = C \log p$,

$$\frac{p-1}{2} e^{-2t\lambda_1} \leq \int_{M \times M} H_t(x, y)^2 dx dy \lesssim p^3 p^{-2.1}$$

and so $e^{-2t\lambda_1} \leq p^{-.1}$, and so $\lambda_1 \geq c > 0$ uniformly in p .

Now we return to the first big step.

We write $H_{t, X(p)}$ for the heat kernel on $X(p)$ and $H_{t, \mathbb{H}}$ for the heat kernel on the hyperbolic plane. These two heat kernels are closely connected: $H_{t, X(p)}$ is the pushforward of $H_{t, \mathbb{H}}$ by the covering map $\Pi_p : \mathbb{H} \rightarrow X(p)$. In other words, if $\Pi_p(\tilde{x}) = x$ and $\Pi_p(\tilde{y}) = y$, then

$$H_{t, X(p)}(x, y) = \sum_{\gamma \in \Gamma_p} H_{t, \mathbb{H}}(\gamma \tilde{x}, \tilde{y}).$$

In particular, to do the first big step, we have to estimate

$$H_{2t, X(p)}(x, x) = \sum_{\gamma \in \Gamma_p} H_{2t, \mathbb{H}}(\gamma \tilde{x}, \tilde{x}).$$

This is analogous to estimate $M^{*k}(\Gamma_p)$ in the proof sketch above. This was a key moment in the proof sketch above where we made a vague statement. This part of the proof is easier in the hyperbolic context because there is a simple explicit formula for $H_{t, \mathbb{H}}$. Using this explicit formula and Lemma 18.9, it is fairly easy to prove the desired bounds for $H_{2t, X(p)}$. So this part of the proof is actually easier in the hyperbolic setting than in the finite group setting.

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