# 18.175: Lecture 35 <br> Ergodic theory 

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## Outline

## Recall setup

Birkhoff's ergodic theorem

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## Birkhoff's ergodic theorem

## Definitions

- Say that $A$ is invariant if the symmetric difference between $\phi(A)$ and $A$ has measure zero.
- Observe: class $\mathcal{I}$ of invariant events is a $\sigma$-field.
- Measure preserving transformation is called ergodic if $\mathcal{I}$ is trivial, i.e., every set $A \in \mathcal{I}$ satisfies $P(A) \in\{0,1\}$.
- Example: If $\Omega=\mathbb{R}^{\{0,1, \ldots\}}$ and $A$ is invariant, then $A$ is necessarily in tail $\sigma$-field $\mathcal{T}$, hence has probability zero or one by Kolmogorov's $0-1$ law. So sequence is ergodic (the shift on sequence space $\mathbb{R}^{\{0,1,2, \ldots\}}$ is ergodic.
- Other examples: What about fair coin toss $(\Omega=\{H, T\})$ with $\phi(H)=T$ and $\phi(T)=H$ ? What about stationary Markov chain sequences?


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## Ergodic theorem

- Let $\phi$ be a measure preserving transformation of $(\Omega, \mathcal{F}, P)$. Then for any $X \in L^{1}$ we have

$$
\frac{1}{n} \sum_{m=0}^{n-1} X\left(\phi^{m} \omega\right) \rightarrow E(X \mid \mathcal{I})
$$

a.s. and in $L^{1}$.

- Note: if sequence is ergodic, then $E(X \mid \mathcal{I})=E(X)$, so the limit is just the mean.
- Proof takes a couple of pages. Shall we work through it?
- There's this lemma: let $A_{k}$ be the event the maximum $M_{k}$ of $X_{0}$ and $X_{0}+X_{1}$ up to $X_{1}+\ldots+X_{k-1}$ is non-negative. Then $E X_{0} 1_{A_{k}} \geq 0$ is non-negative. ${ }_{7}$


## Benford's law

- Typical starting digit of a physical constant? Look up Benford's law.
- Does ergodic theorem kind of give a mathematical framework for this law?

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