

Solutions for Problems for The 1-D Heat Equation

3 Problem 4

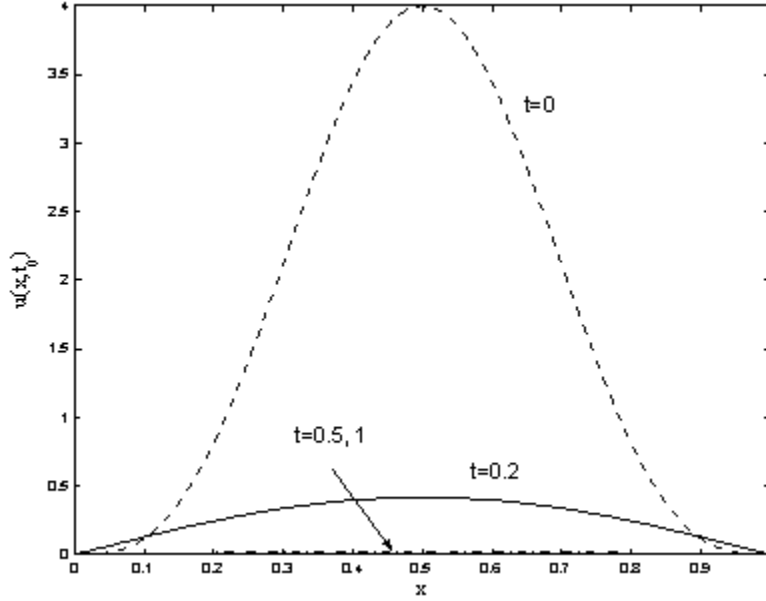
Solve the inhomogeneous heat problem with type I boundary conditions:

$$\frac{\partial u}{\partial t} = \frac{\partial^2 u}{\partial x^2}; \quad u(0, t) = 0 = u(1, t); \quad u(x, 0) = P_\varepsilon(x)$$

where $t > 0$, $0 \leq x \leq 1$, and

$$P_\varepsilon(x) = \begin{cases} 0 & \text{if } |x - \frac{1}{2}| > \frac{\varepsilon}{2} \\ \frac{u_0}{\varepsilon} & \text{if } |x - \frac{1}{2}| \leq \frac{\varepsilon}{2} \end{cases} \quad (5)$$

Note: you already know the solution (just replace $P_\varepsilon(x)$ with $f(x)$ and write down the solution from class). Using symmetry of $P_\varepsilon(x)$ about $1/2$ can be used to simplify the calculation of the Fourier coefficients.



Solution: This is the Heat Problem with Type I homogeneous BCs. The solution we derived in class is, with $f(x)$ replaced by $P_\varepsilon(x)$,

$$u(x, t) = \sum_{n=1}^{\infty} u_n(x, t) = \sum_{n=1}^{\infty} B_n \sin(n\pi x) e^{-n^2\pi^2 t} \quad (6)$$

where the B_n 's are the Fourier coefficients of $f(x) = P_\varepsilon(x)$, given by

$$B_n = 2 \int_0^1 P_\varepsilon(x) \sin(n\pi x) dx$$

Breaking the integral into three pieces and substituting for $P_\varepsilon(x)$ from (5) gives

$$\begin{aligned} B_n &= 2 \int_0^{1/2-\varepsilon/2} P_\varepsilon(x) \sin(n\pi x) dx + 2 \int_{1/2-\varepsilon/2}^{1/2+\varepsilon/2} P_\varepsilon(x) \sin(n\pi x) dx + 2 \int_{1/2+\varepsilon/2}^1 P_\varepsilon(x) \sin(n\pi x) dx \\ &= 0 + 2 \int_{1/2-\varepsilon/2}^{1/2+\varepsilon/2} \frac{u_0}{\varepsilon} \sin(n\pi x) dx + 0 \\ &= \frac{2u_0}{\varepsilon} \left\{ -\frac{\cos(n\pi x)}{n\pi} \right\}_{1/2-\varepsilon/2}^{1/2+\varepsilon/2} \\ &= u_0 \frac{\cos\left(\frac{n\pi}{2}(1-\varepsilon)\right) - \cos\left(\frac{n\pi}{2}(1+\varepsilon)\right)}{\varepsilon n\pi/2} \end{aligned} \quad (7)$$

We apply the cosine rule

$$\cos(r-s) - \cos(r+s) = 2 \sin r \sin s$$

with $r = n\pi/2$, $s = n\pi\varepsilon/2$ to Eq. (7),

$$B_n = \frac{4u_0}{\varepsilon n\pi} \sin \frac{n\pi}{2} \sin \frac{n\pi\varepsilon}{2}$$

When n is even (and nonzero), i.e. $n = 2m$ for some integer m ,

$$B_{2m} = \frac{2u_0}{\varepsilon m\pi} \sin m\pi \sin m\pi\varepsilon = 0$$

When n is odd, i.e. $n = 2m - 1$ for some integer m ,

$$B_{2m-1} = 2u_0 (-1)^{m+1} \frac{\sin((2m-1)\pi\varepsilon/2)}{(2m-1)\pi\varepsilon/2}. \quad (8)$$

(a) The temperature at the midpoint of the rod, $x = 1/2$, at scaled time $t = 1/\pi^2$ is, from (6) and (8),

$$\begin{aligned} u(x, t) &= \sum_{m=1}^{\infty} 2u_0 (-1)^{m+1} \frac{\sin((2m-1)\pi\varepsilon/2)}{(2m-1)\pi\varepsilon/2} \sin\left((2m-1)\frac{\pi}{2}\right) e^{-(2m-1)^2} \\ &= \sum_{m=1}^{\infty} \frac{2u_0}{e^{(2m-1)^2}} \left(\frac{\sin((2m-1)\pi\varepsilon/2)}{(2m-1)\pi\varepsilon/2} \right). \end{aligned}$$

For $t \geq 1/\pi^2$, the first term gives a good approximation to $u(x, t)$,

$$u\left(\frac{1}{2}, \frac{1}{\pi^2}\right) \approx u_1\left(\frac{1}{2}, \frac{1}{\pi^2}\right) = \frac{2u_0}{e} \left(\frac{\sin(\pi\varepsilon/2)}{\pi\varepsilon/2} \right).$$

To distinguish between pulses with $\varepsilon = 1/1000$ and $\varepsilon = 1/2000$, note that $\lim_{\varepsilon \rightarrow 0} \frac{\sin \pi\varepsilon/2}{\pi\varepsilon/2} = 1$, and so for smaller and smaller ε , the corresponding temperature $u\left(\frac{1}{2}, \frac{1}{\pi^2}\right)$ gets closer and closer to $2u_0/e$,

$$u\left(\frac{1}{2}, \frac{1}{\pi^2}\right) \approx u_1\left(\frac{1}{2}, \frac{1}{\pi^2}\right) = \frac{2u_0}{e} \left(1 - \frac{\pi^2\varepsilon^2}{2 \cdot 3!} + \dots \right), \quad \varepsilon \ll 1.$$

In particular,

$$\begin{aligned} u_1\left(\frac{1}{2}, \frac{1}{\pi^2}; \varepsilon = \frac{1}{1000}\right) - u_1\left(\frac{1}{2}, \frac{1}{\pi^2}; \varepsilon = \frac{1}{2000}\right) &= \frac{2u_0}{e} \left(\frac{\sin(\pi/2000)}{\pi/2000} - \frac{\sin(\pi/4000)}{\pi/4000} \right) \\ &\approx -\frac{2u_0}{e} \times 3.1 \times 10^{-7} \end{aligned}$$

Thus it is hard to distinguish these two temperature distributions, at least by measuring the temperature at the center of the rod at time $t = 1/\pi^2$. By this time, diffusion has smoothed out some of the details of the initial condition.

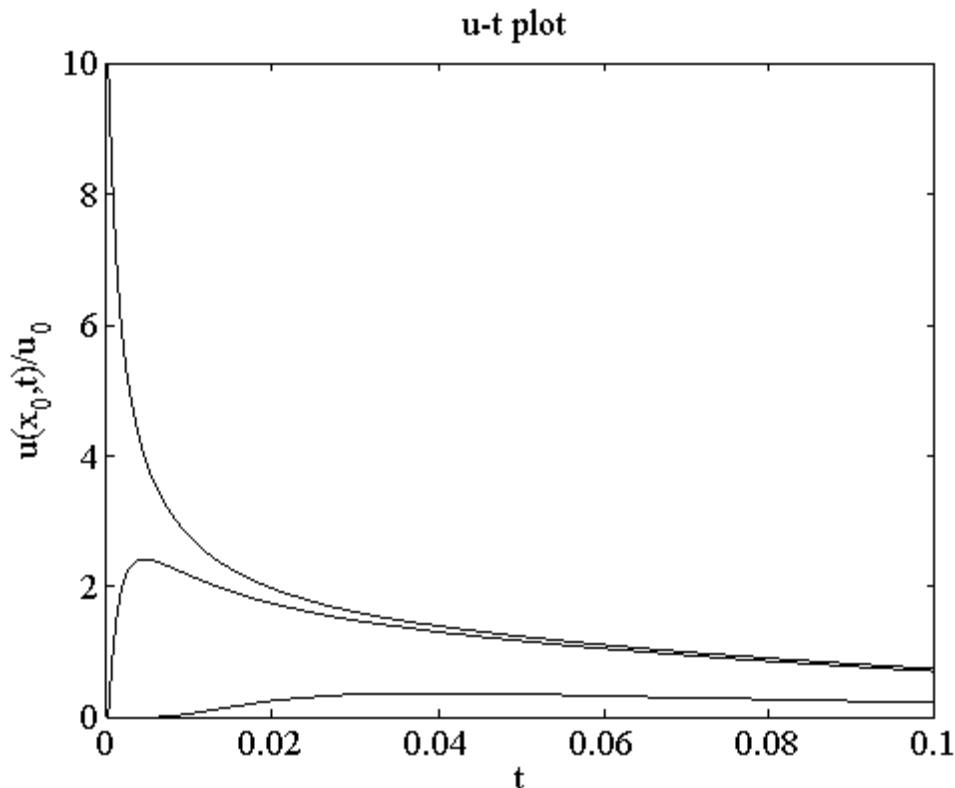


Figure 1: Time temperature profiles $u(x_0, t)$ at $x_0 = 0.5, 0.4$ and 0.1 (from top to bottom). The t -axis is the time profile corresponding to $x_0 = 0, 1$.

(b) Illustrate the solution qualitatively by sketching (i) some typical temperature profiles in the $u - t$ plane (i.e. $x = \text{constant}$) and in the $u - x$ plane (i.e. $t = \text{constant}$), and (ii) some typical level curves $u(x, t) = \text{constant}$ in the $x - t$ plane. At what points of the set $D = \{(x, t) : 0 \leq x \leq 1, t \geq 0\}$ is $u(x, t)$ discontinuous?

The solution $u(x, t)$ is discontinuous at $t = 0$ at the points $x = (1 \pm \varepsilon)/2$. That said, $u(x, t)$ is piecewise continuous on the entire interval $[0, 1]$. Thus, the Fourier series for $u(x, 0)$ converges everywhere on the interval and equals $u(x, 0)$ at all points except $x = (1 \pm \varepsilon)/2$. The temperature profiles ($u - t$ plane, $u - x$ plane), 3D solution and level curves are shown.

4 Problem 5

Consider two iron rods (thermal diffusivity $\kappa = 0.15 \text{ cm}^2 \text{ sec}^{-1}$) each 20 cm long and with insulated sides, one at a temperature of 100°C and the other at 0°C throughout. The rods

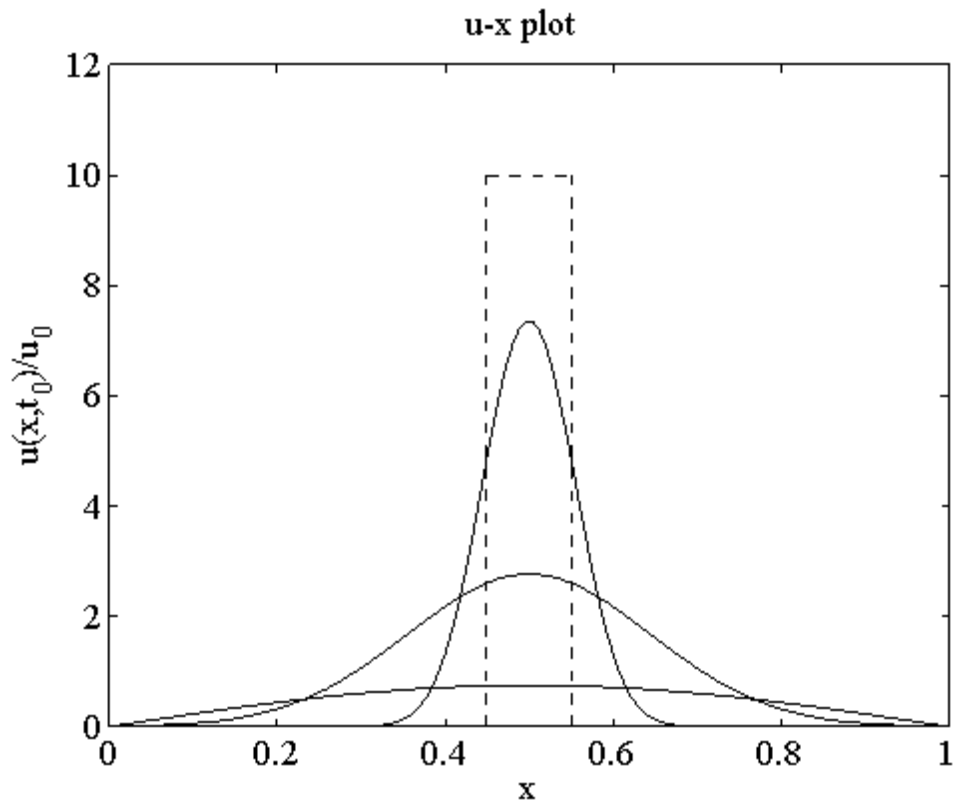
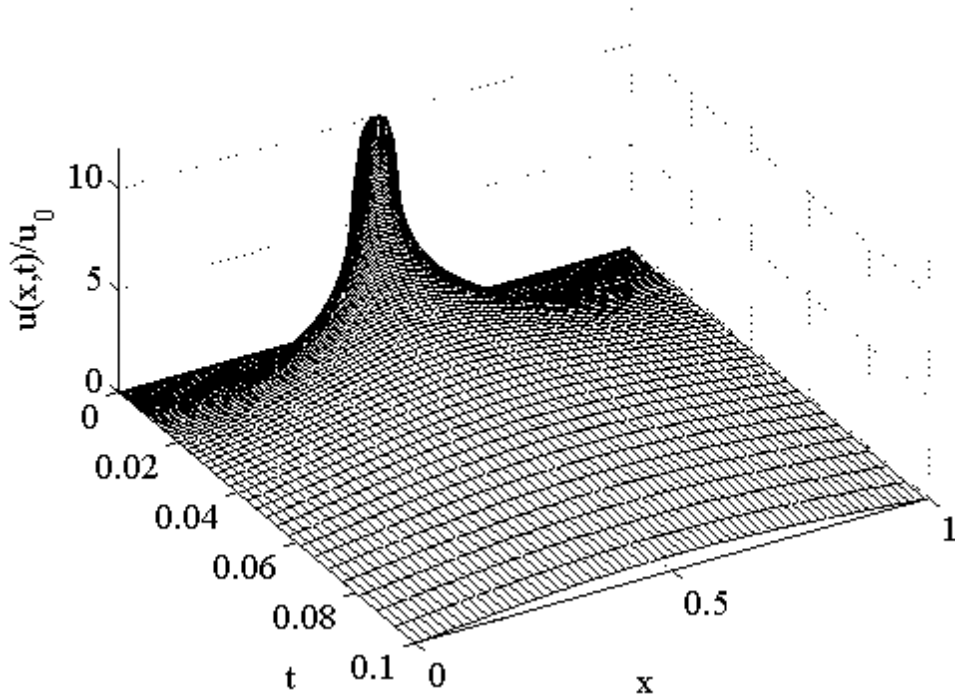


Figure 2: Spatial temperature profiles $u(x, t_0)$ at $t_0 = 0$ (dash), 0.001, 0.01, 0.1. The x -axis from 0 to 1 is the limiting temperature profile $u(x, t_0)$ as $t_0 \rightarrow \infty$.

3D plot of $u(x,t)$



are joined end to end in perfect thermal contact, and their free ends are kept at 0°C . Show that the temperature at the interface 10 minutes after contact has been made approximately 36.5°C . Find an upper bound for the error in your answer. Can this method be applied if the rods are made of glass (thermal diffusivity $\kappa = 0.006 \text{ cm}^2 \text{ sec}^{-1}$)?

Solution: The rods are placed end-to-end and treated as one rod with length $l = 40 \text{ cm}$. We define the dimensionless spatial coordinate $x = x'/l$. Let $u(x, t)$ be the temperature in the joined rods, for $x \in [0, 1]$ and $t \geq 0$. The join is at $x = 1/2$. The initial temperature distribution in the joined rods is

$$u(x, 0) = f(x) = \begin{cases} 100, & 0 \leq x \leq 1/2, \\ 0, & 1/2 \leq x \leq 1. \end{cases} \quad (9)$$

Since the ends of the rod are held at 0°C , the boundary conditions are $u(0, t) = 0 = u(1, t)$. Since there are no sources in the rods, the homogeneous Heat Equation $u_t = u_{xx}$ governs the variation in temperature. The problem for $u(x, t)$ is thus the basic Heat Problem with Type I homogeneous BCs and IC $f(x)$. From the derivation in class, we found the solution to be

$$u(x, t) = \sum_{n=1}^{\infty} B_n \sin(n\pi x) \exp(-n^2\pi^2 t)$$

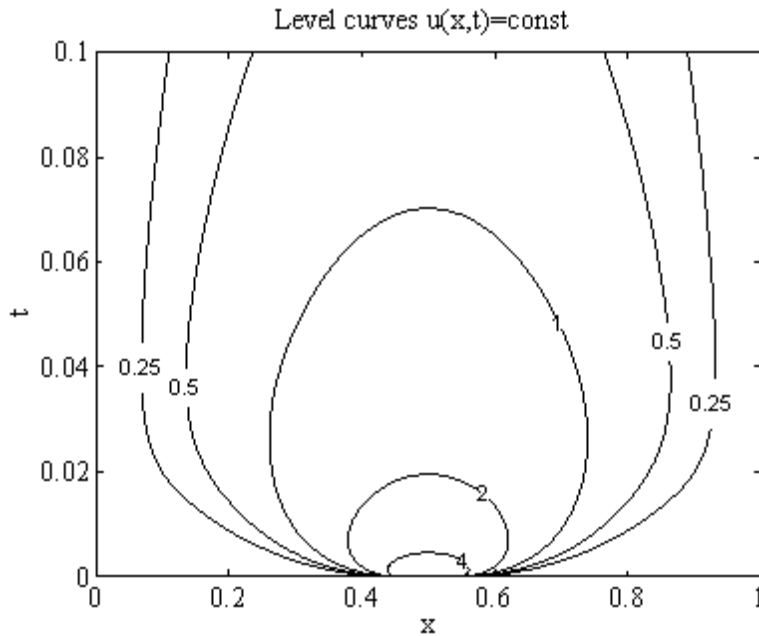


Figure 3: Level curves $u(x,t)/u_0 = C$ for various values of the constant C . Numbers adjacent to curves indicate the value of C . The line segment $(1 - \varepsilon)/2 \leq x \leq (1 + \varepsilon)/2$ at $t = 0$ is the level curve with $C = 1/\varepsilon = 10$. The lines $x = 0$ and $x = 1$ are also level curves with $C = 0$.

where

$$B_n = 2 \int_0^1 f(x) \sin(n\pi x) dx \quad (10)$$

To save time, we note that we only desire the solution at $x = 1/2$,

$$u(x, t) = \sum_{n=1}^{\infty} B_n \sin\left(\frac{n\pi}{2}\right) \exp(-n^2\pi^2 t)$$

Since $\sin(n\pi/2)$ is zero for even n , the sum is over the odd terms,

$$\begin{aligned} u(x, t) &= \sum_{k=1}^{\infty} B_{2k-1} \sin\left(\frac{(2k-1)\pi}{2}\right) \exp(-(2k-1)^2\pi^2 t) \\ &= \sum_{k=1}^{\infty} B_{2k-1} (-1)^{k-1} \exp(-(2k-1)^2\pi^2 t). \end{aligned} \quad (11)$$

Substituting the IC (9) into (10) and setting $n = 2k - 1$ gives

$$B_{2k-1} = 200 \int_0^{1/2} \sin((2k-1)\pi x) dx = \frac{200}{(2k-1)\pi} \left(1 - \cos\left(\frac{(2k-1)\pi}{2}\right)\right) = \frac{200}{(2k-1)\pi}. \quad (12)$$

Substituting the B_{2k-1} in (12) into the expression (11) for $u(1/2, t)$ gives

$$u\left(\frac{1}{2}, t\right) = \frac{200}{\pi} \sum_{k=1}^{\infty} \frac{(-1)^{k-1}}{(2k-1)} \exp(-(2k-1)^2\pi^2 t). \quad (13)$$

We are asked to find the temperature at $x = 1/2$ after $t' = 10$ minutes. This corresponds to a scaled time of

$$\begin{aligned} t_{10} &= \frac{\kappa}{l^2} \times 10 \text{ mins} \\ &= 0.15/40^2 \times 10 \times 60 \simeq 0.056 \quad \text{for iron } (\kappa = 0.15 \text{ cm}^2/\text{s}) \\ &= 0.006/40^2 \times 10 \times 60 \simeq 0.002 \quad \text{for glass } (\kappa = 0.006 \text{ cm}^2/\text{s}) \end{aligned}$$

Recall in the notes we made the first term approximation for $t \geq 1/\pi^2 \simeq 0.1$, and hence both these values fall under that. To see how the number of terms retained affects the sum, we compute $u(1/2, t)$ from (13) for various numbers of terms. For iron ($t = t_{10} = 0.056$), we obtain

$$\begin{aligned} u\left(\frac{1}{2}, t_{10}\right) &\simeq 36.631 \text{ (1 term)} \\ &\simeq 36.484 \text{ (2 terms)} \\ &\simeq 36.484 \text{ (3 or more terms)} \end{aligned} \quad (14)$$

In this case, the first term $u_1(1/2, t_{10})$ does a good job of approximating the series for $u(1/2, t_{10})$. For glass ($t = t_{10} = 0.002$),

$$\begin{aligned}
u\left(\frac{1}{2}, t_{10}\right) &\simeq 62.4 \text{ (1 term)} \\
&\simeq 44.7 \text{ (2 terms)} \\
&\simeq 52.4 \text{ (3 terms)} \\
&\simeq 49.0 \text{ (4 terms)} \\
&\simeq 50.4 \text{ (5 terms)} \\
&\simeq 49.9 \text{ (6 terms)} \\
&\simeq 50.04 \text{ (7 terms)}
\end{aligned}$$

In this case, the convergence is much slower and the first term $u_1(1/2, t_{10})$ is a poor estimate of $u(1/2, t_{10})$.

The upper bound on the error was discussed in §6.2. The approximate error we derived in class is, since the series for $u(1/2, t)$ only has odd terms,

$$\left|u\left(\frac{1}{2}, t\right) - u_1\left(\frac{1}{2}, t\right)\right| \leq \frac{Be^{-3\pi^2 t}}{1 - e^{-2\pi^2 t}} \quad (15)$$

where B is the upper bound for B_{2k-1} for all $k = 2, 3, \dots$. In the notes, we wrote

$$|B_n| \leq 2 \int_0^1 |f(x)| dx = 2 \cdot \frac{1}{2} \cdot 100 = 100$$

However, we can obtain a better approximation since we have the formula for B_n

$$|B_{2k-1}| = \left|\frac{200}{(2k-1)\pi}\right| \leq \frac{200}{3\pi} \quad k = 2, 3, \dots$$

Therefore, $B = 200/(3\pi)$ and from (15),

$$\left|u\left(\frac{1}{2}, t\right) - u_1\left(\frac{1}{2}, t\right)\right| \leq \frac{200}{3\pi} \frac{e^{-3\pi^2 t}}{1 - e^{-2\pi^2 t}} < 6.1 \text{ for } t \geq t_{10} = 0.056.$$

This error bound is still not very good - in (14) the error between $u(1/2, t_{10})$ (for iron, $t_{10} = 0.056$) and the first term $u_1(1/2, t_{10})$ is roughly 0.15, much less than 6.1. I have now added a much better estimate to §6.2. It turns out that, since the series $u(1/2, t)$ only has odd terms,

$$\left|u\left(\frac{1}{2}, t\right) - u_1\left(\frac{1}{2}, t\right)\right| \leq \frac{Be^{-9\pi^2 t}}{1 - e^{-6\pi^2 t}} = \frac{200}{3\pi} \frac{e^{-9\pi^2 t}}{1 - e^{-6\pi^2 t}}$$

Now the error for $t = t_{10} = 0.056$ is 0.152, which is more in line with (14).

5 Problem 7

Consider the heat flow problem with dimensionless position and time,

$$\begin{aligned}\frac{\partial u}{\partial t} &= \frac{\partial^2 u}{\partial x^2}; & 0 < x < 1, & \quad t > 0 \\ u(0, t) &= 0 = \frac{\partial u}{\partial x}(1, t); & & \quad t > 0 \\ u(x, 0) &= f(x) & & \quad 0 < x < 1.\end{aligned}\tag{16}$$

Solution:

(a) The physical significance of the condition $u_x(1, t) = 0$ is that the end of the rod at $x = 1$ is insulated, i.e. the heat flux (proportional to u_x by Fourier's law) is zero at $x = 1$.

(b) Showing that $\bar{u}(t) = \int_0^1 u^2(x, t) dx$ is non-increasing in time follows from the derivation in §8.1 of the lecture notes and noting that $uu_x = 0$ at $x = 0, 1$ since $u = 0$ at $x = 0$ and $u_x = 0$ at $x = 1$.

(c) Proving that (16) has at most one solution follows the derivation in class. Take two solutions u_1, u_2 of (16) and define $v(x, t) = u_1 - u_2$. Then show that the function $\bar{v}(t) = \int_0^1 v^2(x, t) dx$ is non-increasing as in part (b).

(d) To find a series solution for $f(x) = u_0$, u_0 a constant, we use separation of variables,

$$u(x, t) = X(x)T(t)\tag{17}$$

The PDE in (16) gives the usual

$$\frac{X''}{X} = \frac{T'}{T} = -\lambda$$

where λ is constant since the left hand side is a function of x only and the middle is a function of t only. Substituting (17) into the BCs in (16) gives

$$X(0) = \frac{dX}{dx}(1) = 0$$

The Sturm-Liouville boundary value problem for $X(x)$ is thus

$$X'' + \lambda X = 0; \quad X(0) = \frac{dX}{dx}(1) = 0\tag{18}$$

Let us try $\lambda < 0$. Then the solutions are

$$X(x) = c_1 e^{-\sqrt{|\lambda|x}} + c_2 e^{\sqrt{|\lambda|x}}$$

and imposing the BCs gives $c_1 = c_2 = 0$, i.e. $X(x)$ must be the trivial solution. For $\lambda = 0$, $X(x) = c_1x + c_2$ and, again, imposing the BCs gives $c_1 = c_2 = 0$ and $X(x)$ is the trivial solution. Thus, in order to have a nontrivial solution, λ must be taken positive. In this case,

$$X = c_1 \sin \sqrt{\lambda}x + c_2 \cos \sqrt{\lambda}x$$

The BC $X(0) = 0$ implies $c_2 = 0$. The other BC implies

$$0 = \frac{dX}{dx}(1) = c_1 \sqrt{\lambda} \cos \sqrt{\lambda}$$

For a non-trivial solution, c_1 must be nonzero. Since $\lambda > 0$ then we must have $\cos \sqrt{\lambda} = 0$, which implies the eigenvalues are

$$\lambda_n = \frac{(2n-1)^2}{4} \pi^2, \quad n = 1, 2, 3, \dots$$

and the eigenfunctions are

$$X_n(x) = \sin \left(\frac{(2n-1)}{2} \pi x \right)$$

For each n , the solution for $T(t)$ is $T_n(t) = e^{-\lambda_n t}$. Hence the series solution for $u(x, t)$ is

$$u(x, t) = \sum_{n=1}^{\infty} B_n \sin \left(\frac{(2n-1)}{2} \pi x \right) \exp \left(-\frac{(2n-1)^2}{4} \pi^2 t \right) \quad (19)$$

At $t = 0$,

$$f(x) = u(x, 0) = \sum_{n=1}^{\infty} B_n \sin \left(\frac{(2n-1)}{2} \pi x \right) \quad (20)$$

The orthogonality conditions are found using the identity

$$2 \sin \left(\frac{(2n-1)}{2} \pi x \right) \sin \left(\frac{(2m-1)}{2} \pi x \right) = \cos((m-n)\pi x) - \cos((1-m-n)\pi x)$$

Note also that for $m, n = 1, 2, 3, \dots$, we have

$$\int_0^1 \cos((m-n)\pi x) dx = \begin{cases} 1 & m = n \\ 0 & m \neq n \end{cases}$$

$$\int_0^1 \cos((1-m-n)\pi x) dx = 0$$

The last integral follows since $1-m-n$ cannot be zero for any positive integers m, n . Thus, the orthogonality conditions are

$$\int_0^1 \sin \left(\frac{(2n-1)}{2} \pi x \right) \sin \left(\frac{(2m-1)}{2} \pi x \right) dx = \begin{cases} 1/2 & m = n \\ 0 & m \neq n \end{cases} \quad (21)$$

Multiplying each side of (20) by $\sin((2m-1)\pi x/2)$, integrating from $x = 0$ to 1, and applying the orthogonality condition (21) gives

$$B_n = 2 \int_0^1 \sin\left(\frac{(2n-1)\pi x}{2}\right) f(x) dx \quad (22)$$

Substituting $f(x) = u_0$ into (22) gives

$$B_n = 2u_0 \int_0^1 \sin\left(\frac{(2n-1)\pi x}{2}\right) dx = \frac{4u_0}{(2n-1)\pi} \left(1 - \cos\left(\frac{(2n-1)\pi}{2}\right)\right) = \frac{4u_0}{(2n-1)\pi} \quad (23)$$

Thus, the series solution is

$$u(x, t) = \frac{4u_0}{\pi} \sum_{n=1}^{\infty} \frac{1}{(2n-1)} \sin\left(\frac{(2n-1)\pi x}{2}\right) \exp\left(-\frac{(2n-1)^2 \pi^2 t}{4}\right).$$

An approximate solution valid for large times is the first term,

$$u(x, t) \approx u_1(x, t) = \frac{4u_0}{\pi} \sin\left(\frac{\pi x}{2}\right) \exp\left(-\frac{\pi^2 t}{4}\right).$$

Similar upper bounds on error can be derived as in the notes. Temperature profiles (u vs. x) are plotted below for different times.

6 Problem 8

Suppose a chemical is dissolved in water, in some long thin reaction container and let ϕ (moles/cm³) indicate its concentration. Fick's Law in chemistry states that the rate of diffusion of a solute is proportional to the negative gradient of the solute concentration. Assume that the chemical is created, due to a chemical reaction, at a rate $g(x, t)$ (moles/cm³ sec).

(a) Derive a PDE describing the distribution of ϕ . Formulate appropriate BCs and IC and state all assumptions.

(b) Show that the solution to the initial boundary value problem derived in (a) is unique.

Solution: The derivation is analogous to that of the Heat Equation with a source. Mass conservation of the reactant is used in place of energy conservation, and Fick's Law is used in place of Fourier's Law.

Consider a thin segment from x to $x + \Delta x$ of the reaction container, of cross-sectional area A . Let $\phi(x, t)$ be the concentration of the reactant at position x along the container

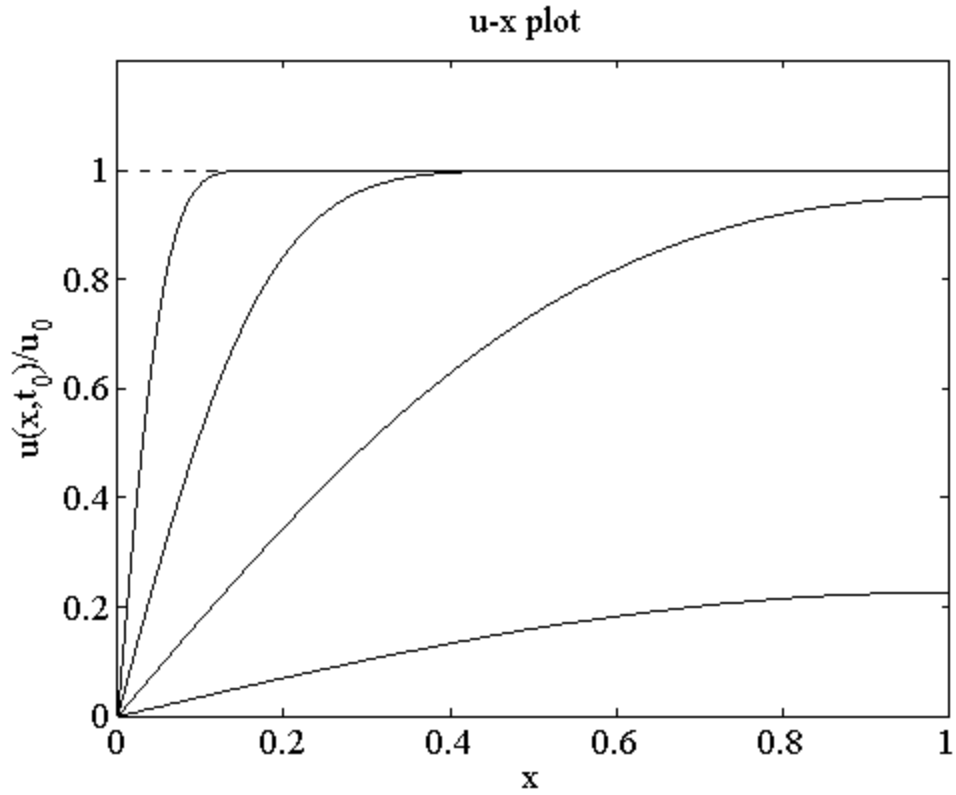


Figure 4: Temperature profiles $u(x, t_0)$ at various times $t_0 = 0.001, 0.01, 0.1$ and 0.7 (from left to right). Dashed line indicates the initial condition. The x -axis is the limit of the solution as $t \rightarrow \infty$.

and at time t . Analogous to the derivation of the heat equation, conservation of mass gives

change of concentration ϕ in segment in time Δt	=	reactant in from left boundary	-	reactant out from right boundary	+	reactant generated in segment
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. (24)

The last term in the mass balance equation is just $gA\Delta x\Delta t$. Fick's Law states that the reactant in and out from the left and right boundaries is, respectively,

$$\Delta t A \left(-F_0 \frac{\partial \phi}{\partial x} \right)_x, \quad -\Delta t A \left(-F_0 \frac{\partial \phi}{\partial x} \right)_{x+\Delta x}$$

where F_0 is the chemical diffusivity. Therefore, (24) becomes

$$A\Delta x\phi(x, t + \Delta t) - A\Delta x\phi(x, t) = \Delta t A \left(-F_0 \frac{\partial \phi}{\partial x} \right)_x - \Delta t A \left(-F_0 \frac{\partial \phi}{\partial x} \right)_{x+\Delta x} + gA\Delta x\Delta t$$

Dividing by $A\Delta x\Delta t$ and rearranging yields

$$\frac{\phi(x, t + \Delta t) - \phi(x, t)}{\Delta t} = F_0 \left(\frac{\left(\frac{\partial \phi}{\partial x} \right)_{x+\Delta x} - \left(\frac{\partial \phi}{\partial x} \right)_x}{\Delta x} \right) + g.$$

Taking the limit $\Delta t, \Delta x \rightarrow 0$ gives the chemical diffusion equation with a source,

$$\frac{\partial \phi}{\partial t} = F_0 \frac{\partial^2 \phi}{\partial x^2} + g \tag{25}$$

We assume the concentration ϕ is smooth.

For BCs, the ends of the reaction container are closed, so that $\phi_x = 0$ at $x = 0, l$ (Type II homogeneous BCs). Alternatively, we could be supplying or removing reactant at the ends, keeping the concentration fixed: $\phi = \phi_0$ at $x = 0, l$ (Type I inhomogeneous BCs). The IC is $\phi(x, 0) = f(x)$ where $f(x)$ is the initial distribution of reactant. If the container is well mixed, then $f(x) = u_0$. If there is no reactant initially in the container, then $\phi(x, 0) = 0$. Whatever the IC, we assume it is smooth.

To show uniqueness, we note that given two solutions u_1, u_2 , we define the difference $v(x, t) = u_1 - u_2$, which satisfies the homogeneous diffusion equation

$$\phi_t = F_0 \phi_{xx}$$

Similarly, for either Type II homogeneous or Type I inhomogeneous BCs on u_1 and u_2 , the BCs on $v(x, t)$ are homogeneous Type I or II. In either case, we define the mean concentration as

$$\bar{v}(t) = \int_0^1 v^2(x, t) dx$$

and follow the derivation in the lecture notes.