# 18.445 Introduction to Stochastic Processes Lecture 6: Lower bounds on mixing times

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**Recall** Suppose that *P* is irreducible with stationary measure  $\pi$ .

$$d(n) = \max_{x} ||P^{n}(x, \cdot) - \pi||_{TV}, \quad t_{mix} = \min\{n : d(n) \le 1/4\}.$$

Today's Goal Find lower bounds for the mixing times.

- Bottleneck Ratio
- Distinguishing statistics
- Random walk on hypercube

## **Bottleneck ratio**

Suppose that *P* is an irreducible transition matrix with stationary measure  $\pi$ . Define

$$Q(A,B) = \sum_{x \in A, y \in B} \pi(x) P(x,y).$$

Q(A, B): the probability of moving from A to B within one step when starting from  $\pi$ .

### Definition

For a subset  $S \subset \Omega$ , the bottleneck ratio of *S* is defined to be

$$\Phi(S) = Q(S, S^c)/\pi(S).$$

The bottleneck ratio of the whole chain is defined to be

$$\Phi_{\star} = \min\{\Phi(\boldsymbol{S}) : \pi(\boldsymbol{S}) \leq 1/2\}.$$

# **Bottleneck ratio**

Consider simple random walk on a graph G = (V, E).

$$P(x,y) = \frac{1}{deg(x)} \mathbf{1}_{[x \sim y]}, \quad \pi(x) = \frac{deg(x)}{2|E|}.$$

Then

$$Q(S,S^c) = rac{|\partial S|}{2|E|}, \quad \Phi(S) = rac{|\partial S|}{\sum_{x\in S} deg(x)}.$$

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# **Bottleneck ratio**

### Theorem

Suppose that  $\Phi_{\star}$  is the bottleneck ratio, then

$$t_{mix} \geq \frac{1}{4\Phi_{\star}}.$$

### Lemma

For any subset  $S \subset \Omega$ , let  $\mu_S$  be  $\pi$  conditioned on S :

$$\mu_{\mathcal{S}}(\mathcal{A}) = \frac{\pi(\mathcal{A} \cap \mathcal{S})}{\pi(\mathcal{S})}.$$

### Then

$$||\mu_{\mathcal{S}}\boldsymbol{P}-\mu_{\mathcal{S}}||_{\mathcal{T}V}=\Phi(\mathcal{S}).$$

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## **Distinguishing statistics**

Goal : find a statistic *f* (a function on  $\Omega$ ) such that the distance between  $f(X_n)$  and *f* can be bounded from below. Recall

$$\mu f = \sum_{x} \mu(x) f(x), \quad var_{\mu}(f) = \mu f^2 - (\mu f)^2.$$

### Lemma

Let  $\mu$  and  $\nu$  be two probability distributions on  $\Omega$ . Let f be a real-valued function on  $\Omega$ . If

$$|\mu f - 
u f| \ge r\sigma$$
, where  $\sigma^2 = \frac{1}{2}(var_\mu(f) + var_
u(f))$ ,

then

$$||\mu - \nu||_{TV} \ge \frac{r^2}{4 + r^2}.$$

# Random walk on hypercube

*N*-dimensional hypercube is a graph with vertex set  $\Omega = \{0, 1\}^N$ ; two vertices are connected by an edge when they differ in exactly one coordinate.

The simple random walk on hypercube moves from one vertex  $(x^1, ..., x^N)$  by choosing a coordinate  $j \in \{1, ..., N\}$  uniformly and setting the new state to  $(x^1, ..., x^{j-1}, 1 - x^j, x^{j+1}, ..., x^N)$ .

The lazy walk remains at its current position with probability 1/2 and moves as above with probability 1/2.

The lazy walk can be constructed using the following random mapping representation :

Uniformly select an element (j, B) in  $\{1, ..., N\} \times \{0, 1\}$ , and then update the coordinate *j* with *B*.

Let  $(Z_n = (j_n, B_n))_{n \ge 1}$  be i.i.d.  $\stackrel{d}{\sim} (j, B)$ . At each step, the coordinate  $j_n$  of  $X_{n-1}$  is updated by  $B_n$ .

# Random walk on hypercube

### Theorem

For the lazy walk on hypercube, there exists a constant  $c_0 > 0$  such that

 $t_{mix} \geq cN \log N$ .

**Proof** Suppose that that lazy walk starts from  $X_0 = (1, ..., 1)$ . Define

$$W(\overrightarrow{x}) = \sum_{j=1}^{N} x^{j}.$$

### Lemma

If 
$$|\mu f - \nu f| \ge r\sigma$$
, where  $\sigma^2 = \frac{1}{2}(var_{\mu}(f) + var_{\nu}(f))$ ,

then

$$||\mu - \nu||_{TV} \ge \frac{r^2}{4 + r^2}.$$

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