Musculoskeletal Tissues



© ADAM, Inc All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/.

$\begin{array}{c} \mbox{Equilibrium (Tensile) Modulus} \\ \mbox{Pro-collagen molecule} & \longrightarrow \end{array}$



(Sun+, J Biomechanics, 2004)

Courtesy of Elsevier, Inc., http://www.sciencedirect.com. Used with permission. Source: Sun, Yu-Long et al. "Stretching Type II Collagen with Optical Tweezers." *Journal of Biomechanics* 37, no. 11 (2004): 1665-9.



© Taylor & Francis Group. All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/.

Source: Kastelic, J., A. Galeski, et al. "The Multicomposite Structure of Tendon." *Connective Tissue Research* 6, no. 1 (1978): 11-23.



Courtesy of Elsevier, Inc., http://www.sciencedirect.com. Used with permission. Source: Gutsmann, Thomas. "Force Spectroscopy of Collagen Fibers to Investigate their Mechanical Properties and Structural Organization." *Biophysical Journal* 86, no. 5 (2004): 3186-93.

Stress vs strain curve of a rat tail tendon: (A-B) Toe - heel region,
(C) linear region, (D) plateau,
(E) rupture of the tendon.

(Gutsmann+, Biophys J, 2004)

Organization and Function of Extracellular Matrix



© Wiley. All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/. Source: Heinegård, Dick, and Tore Saxne. "The Role of the Cartilage Matrix in Osteoarthritis." *Nature Reviews Rheumatology* 7, no. 1 (2011): 50-56.

Dick Heinegård Int. J. Exp Pathol, 2009



© VRXUFH XQNQRZ Q All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/.



Astronauts gain $\simeq 2$ in height during space flight: <u>swelling of the</u> <u>intervertebral discs</u> <u>under 0-gravity</u>:

"swelling pressure" of highly charged aggrecan !!

<u>Disc</u>

Courtesy of Elsevier, Inc., http://www.sciencedirect.com. Used with permission. Source: MacLean, Jeffrey J., et al. "Role of Endplates in Contributing to Compression Behaviors of Motion Segments and Intervertebral Discs." *Journal of Biomechanics* 40, no. 1 (2007): 55-63. <u>Stress Relaxation</u>: is $\tau = (\eta/E)$ the same for molecules, fibrils, fibers, tendon-tissue???

Apply constant strain (ϵ_{11}) and measure stress vs time

Mouse tendon fascicle

Tendon Hierarchy



Evidence : x ray x ray x ray EM SEM EM ĒΜ EM SEM Tissue OM SEM OM x rav TENDON FASCICLE TROPO-COLLAGEN 35 Ă stainina Molecule 640 Å sites periodicity Fibri reticular waveform membrane fibroblasts fascicular or crimp structure membrane 15Å 35Å 100-200 Å 500-5000 Å µ 300-50-50 IOO-500 μ SIZE SCALE

Figure 7.3:6 Hierarchy of structure of a tendon according to Kastelic et al. (1978). Reproduced by permission. Evidences are gathered from X ray, electron microscopy **Fung**) (EM), scanning electron microscopy (SEM), and optical microscopy (OM).

© Taylor & Francis Group. All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/. Source: Kastelic, J., A. Galeski, and E. Baer. "The Multicomposite Structure of Tendon." &RQQHFWYH 7LWXH 5HVHDUFK 6, no. 1 (1978): 11-23.

© ASME. All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/. Source: Robinson, Paul S. et al. "Influence of Decorin and Biglycan on Mechanical Properties of Multiple Tendons in Knockout Mice." *Journal of Biomechanical Engineering* 127, no. 1 (2005): 181-5.

"In silico" creep test of a segment of a collagen molecule

(Gautieri, Matrix Biology, 2012)



Fig. 1. Snapshots of the collagen peptide in water box. Panel a shows the conformation of the full atomistic model of a [$(GPO)_{21}$]₃ collagen peptide solvated in water box and equilibrated for 30 ns. After equilibration the molecule is subjected to virtual creep tests: one end of the collagen peptide is held fixed, whereas the other end is pulled with constant force (from 300 pN to 3000 pN) until end-to-end distance reaches equilibrium (Panel b). Panel c shows a schematic of the creep test; a constant force is applied instantaneously to the molecule and its response (deformation over time) is monitored. The mechanical response of collagen molecule is modeled using a KV model, from which molecular Young's modulus (*E*) and viscosity (η) are calculated.

Courtesy of Elsevier, Inc., http://www.sciencedirect.com. Used with permission. Source: Gautieri, Alfonso et al. "Viscoelastic Properties of Model Segments of Collagen Molecules." *Matrix Biology* 31, no. 2 (2012): 141-9. Stress Relaxation: is $\tau = (\eta/E)$ the same for molecules, fibrils, fibers, tendon-tissue???

Apply constant strain (ϵ_{11}) and measure stress vs time

Mouse tendon fascicle



Robinson+, J Biomech Eng, 2005

© ASME. All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/. Source: Robinson, Paul S. et al. "Influence of Decorin and Biglycan on Mechanical Properties of Multiple Tendons in Knockout Mice." *Journal of Biomechanical Engineering* 127, no. 1 (2005): 181-5.



Figure 7.3:6 Hierarchy of structure of a tendon according to Kastelic et al. (1978). Reproduced by permission. Evidences are gathered from X ray, electron microscopy (EM), scanning electron microscopy (SEM), and optical microscopy (OM). (Y.C. Fung)

© Taylor & Francis Group. All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/. Source: Kastelic, J., A. Galeski, and E. Baer. "The Multicomposite Structure of Tendon." & RQQHFWYH 7LWXH 5HNHDLFK 6, no. 1 (1978): 11-23.

Need More Elements ? (e.g., <u>Fibril</u> \rightarrow Fiber \rightarrow Tissue)



Courtesy of Elsevier, Inc., http://www.sciencedirect.com. Used with permission. Source: Gautieri, Alfonso et al. "Viscoelastic Properties of Model Segments of Collagen Molecules." *Matrix Biology* 31, no. 2 (2012): 141-9.

- 1. The average Young's modulus decreases about six-fold from the single molecule level (5.4 GPa) to the fibrillar scale (0.9 GPa).
- The viscosity of collagen molecules (3.84 Pa·s) is several orders of magnitude lower than the viscosity of fibrils (0.09–1.63 GPa·s). As a result, the characteristic relaxation time of the molecule (≈0.5 ns, given by η/E) is several orders of magnitude lower that the value found for the fibril (7–102 s).

A Generalized Maxwell Model for Creep Behavior of Artery Opening Angle

W. Zhang¹, X. Guo¹, and G. S. Kassab^{1,2,3}

J Biomech Eng, 2008





A generalized Maxwell viscoelastic model (a linear spring in serial with *m* Voigt elements).



Fig. 2.

Photographs of a porcine coronary artery at the (a) loaded state with hardened elastomer in the lumen and (b) zero-stress state where opening angle is larger than 180° .

© ASME. All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/. Source: Zhang, W., et al. "A Generalized Maxwell Model for Creep Behavior of Artery Opening Angle." *Journal of Biomechanical Engineering* 130, no. 5 (2008): 054502.

PSet 4: P2 (text P7.9 part c)

Time-varying loading



$$T + \alpha \frac{dT}{dt} = E_1 e + \beta \frac{de}{dt}$$
(7.73)

Courtesy of Elsevier, Inc., http://www.sciencedirect.com. Used with permission. Source: Lee, BoBae et al. "Dynamic Mechanical Properties of the Tissue-engineered Matrix Associated with Individual Chondrocytes." *Journal of Biomechanics* 43, no. 3 (2010): 469-76.



Source: Lee, BoBae et al. "Dynamic Mechanical Properties of the Tissue-engineered Matrix Associated with Individual Chondrocytes." -*RXUQDORI %LRP HFKDQLFV* 43, no. 3 (2010): 469-76.

<u>Read p. 258, Example 7.4.4</u> "....we can convert from the time domain to the frequency domain using $d/dt \rightarrow j\omega$ and replacing T(t) with $\hat{T}(\omega)$ and e(t) with $\hat{e}(\omega)....$ "

$$T(t) = \operatorname{Re}\left[\hat{T}(\omega)e^{j\omega t}\right]$$

$$\hat{E}(\omega)\equiv\frac{\hat{T}(\omega)}{e_0}$$

(d) Based on the differential equation (7.73), derive an expression for the <u>complex modulus that describes the frequency</u> behavior of the three-element model of Figure 7.32(a) having the form

$$\hat{E}(\omega) = E'(\omega) + jE''(\omega)$$

Show that $E'(\omega)$ and $E''(\omega)$ have the frequency dependences shown qualitatively in Figure 7.33 by reasoning the low- and high-frequency limits. Find the constants *A* and *B* in terms of the element values E_1 and E_2 based on physical (and/or mathematical) arguments.

(BoBae Lee+ Biophys J, 2010)

Dynamic mechanical analysis of newly synthesized chondrocyte pericellular matrix (for tissue engineering)



© VRXUFH XQNQRZ Q All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/.

Viscoelasticity of human alveolar epithelial cells subjected to stretch

Amer J Physiol, 2004

Xavier Trepat,¹ Mireia Grabulosa,¹ Ferranda Puig,¹ Geoffrey N. Maksym,² Daniel Navajas,¹ and Ramon Farré¹



Magnetic Twisting Cytometry





© American Physiological Society. All rights reserved. This content is excluded from our Creative Commons license. For more information, see http://ocw.mit.edu/help/faq-fair-use/. Source: Trepat, Xavier, et al. "Viscoelasticity of Human Alveolar Epithelial Cells Subjected to Stretch." *\$P HUFDQ -RXUDDORI 3K\VIR@J\ /XQJ &H@X@UDQG O R@FX@UPsychology* 287, no. 5 (2004): L1025-034.

Questions:

 What mechanism(s) are responsible for time / frequency dependence:

Poroelasticity v. "solid-phase" viscoelasticity?

 Does poroelasticity operate at <u>cellular and</u> <u>molecular scales</u> as well as <u>tissue scale</u>??



Courtesy of Elsevier, Inc., http://www.sciencedirect.com. Used with permission. Source: Darling, E. M. et al. "Viscoelastic Properties of Zonal Articular Chondrocytes Measured by Atomic Force Microscopy." *2 VMRDUKUUW DQG &DUVDJ H* 14, no. 6 (2006): 571-9.

Non-equilibration of hydrostatic pressure in blebbing cells (Nature, 2005)

Guillaume T. Charras¹, Justin C. Yarrow¹, Mike A. Horton², L. Mahadevan^{1,3,4} & T. J. Mitchison¹



Courtesy of Macmillan Publishers Limited. Used with permission. Source: Charras, Guillaume T., et al. "Non-equilibration of Hydrostatic Pressure in Blebbing Cells." *Nature* 435, no. 7040 (2005): 365-9.



Courtesy of Macmillan Publishers Limited. Used with permission. Source: Charras, Guillaume T., et al. "Non-equilibration of Hydrostatic Pressure in Blebbing Cells." *Nature* 435, no. 7040 (2005): 365-9.

Current models of the cytoplasm cannot account for spatiotemporal variations in hydrostatic pressure. We propose a new description of the cytoplasm based on poroelasticity. We consider cytoplasm to be composed of a porous, actively contractile, elastic network (cytoskeletal filaments, organelles, ribosomes), infiltrated with an interstitial fluid (...water, ions, soluble proteins), similar to a fluid-filled sponge. Contraction of the acto-myosin cortex creates a compressive stress on the cytoskeletal network, leading to localized increase in hydrostatic pressure & ... cytosol flow out of the network;... the resulting pressure can lead to membrane detachment and bleb inflation

Non-equilibration of hydrostatic pressure in blebbing cells (Nature, 2005)

Guillaume T. Charras¹, Justin C. Yarrow¹, Mike A. Horton², L. Mahadevan^{1,3,4} & T. J. Mitchison¹



Courtesy of Macmillan Publishers Limited. Used with permission. Source: Charras, Guillaume T., et al. "Non-equilibration of Hydrostatic Pressure in Blebbing Cells." *Nature* 435, no. 7040 (2005): 365-9.

20.310J / 3.053J / 6.024J / 2.797J Molecular, Cellular, and Tissue Biomechanics $\ensuremath{\mathsf{Spring}}\xspace$ 2015

For information about citing these materials or our Terms of Use, visit: http://ocw.mit.edu/terms.