SOUL

O who shall, from this dungeon, raise A soul enslav'd so many ways? With bolts of bones, that fetter'd stands In feet, and manacled in hands; Here blinded with an eye, and there Deaf with the drumming of an ear; A soul hung up, as 'twere, in chains Of nerves, and arteries, and veins; Tortur'd, besides each other part, In a vain head, and double heart.

BODY

O who shall me deliver whole
From bonds of this tyrannic soul?
Which, stretch'd upright, impales me so
That mine own precipice I go;
And warms and moves this needless frame,
(A fever could but do the same)
And, wanting where its spite to try,
Has made me live to let me die.
A body that could never rest,
Since this ill spirit it possest.

SOUL

What magic could me thus confine Within another's grief to pine? Where whatsoever it complain, I feel, that cannot feel, the pain; And all my care itself employs; That to preserve which me destroys; Constrain'd not only to endure Diseases, but, what's worse, the cure; And ready oft the port to gain, Am shipwreck'd into health again.

BODY

But physic yet could never reach
The maladies thou me dost teach;
Whom first the cramp of hope does tear,
And then the palsy shakes of fear;
The pestilence of love does heat,
Or hatred's hidden ulcer eat;
Joy's cheerful madness does perplex,

Or sorrow's other madness vex; Which knowledge forces me to know, And memory will not forego. What but a soul could have the wit To build me up for sin so fit? So architects do square and hew Green trees that in the forest grew.