Reversal learning in Parkinson's disease depends on medication status and outcome valence

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DA depletions in PD

- Mesocortical and nigrostriatal DA systems involved in cognitive and reward-related processing.
- In PD, there is DA depletion in the nigostriatal and some mesocorticolimbic areas.
- DA medication remedies the cognitive effects of dorsal striatum depletion, but overdoses the ventral striatum (Cools et al. 2001).

– Inverted U

Frank et al. (2004) Study

- 'DA bursts' from unexpected rewards support 'GO' learning.
- 'DA dips' from unexpected punishment support 'NoGO' (avoidance) learning.
 - PD patients ON medication-> normal DA dips are blocked-> impaired avoidance learning-> better at learning to choose positive outcomes (reward) than negative outcomes (punishment).
 - PD patients OFF medication better than patients ON at learning to avoid negative outcomes (punishment)
- Cools et al. HYPOTHESIS: mild PD patients on DA medication will have impairment in reversal shifting only in cases with an unexpected negative outcome (no impairment in positive outcome).

Subjects

3 groups:

1) 10 mild PD ON, 2) 10 mild PD OFF, 3) 12 control subjects

Table 3	}					
Backgr	ound neurop	sychology				
	MoCA	FAS	Semflu	Str-words		
OFF	27.1 (2.2)	41.7 (12.6)	34.7 (11.4)	92.5 (20.4)	-	
ON	25.7 (1.5)	36.9 (8.8)	31.5 (8.4)	91.3 (14.3)		
CS	26.7 (2.0)	43.8 (12.7)	36.3 (12.4)	92.8 (17.4)		
Р	0.3	0.4	0.6	0.9		
	F	Str-colors	Str-interf	Str-err-words	Str-err-colors	Str-err-interf
	OFF	60.6 (11.3)	31.6 (8.5)	0.3 (0.7)	0.2 (0.4)	0.6 (0.8)
	ON	53.1 (16.6)	30.1 (12.7)	0.8 (2.2)	1.8 (3.0)	1.7 (2.1)
	CS	61.3 (9.0)	34.1 (10.7)	0.1 (0.3)	0.9 (2.3)	1.1 (1.6)
	Р	0.3	0.7	0.4	0.3	0.3

	Age	Dis dur	NAART	Edu	
OFF (n = 10)	64.6 (8.5)	11.0 (8.8)	122.9 (11.9)	17.5 (2.9)	
ON (n=10) CS (n=12)	68.9 (8.7) 67.8 (8.2)	8.1 (5.8) Na	122.8 (5.8) 122.6 (6.2)	17.9 (2.4) 17.2 (3.4)	
Р	0.4	0.4	0.9	0.8	
	BDI	1-Dopa	Updrs ON	Updrs at test	Hours since last dose
OFF (n = 10) ON (n = 10) CS (n = 12)	BDI 8.4 (4.8) 7.7 (3.6) 5.7 (4.7)	L-Dopa 640.0 (450.6) 835.8 (924.7)	Updrs ON 22.4 (15.1) 25.4 (16.2)	Updrs at test 32.1 (17.0) 25.4 (16.2)	Hours sinc last dose 19.2 (2.1) 1.85 (1.2)







PD OFF and CS performed the same in both conditions.
PD OFF performed better than PD ON in the punishment condition
PD ON performed worst in the unexpected punishment condition.



	Pr	amipe	exol	е	
Table 1					
Medications					
	PD	ON	PD OFF		
Sinemet	9		9		
Pramipexole (D3 agonist)	6		7		
Pergolide (D1/D2 agonist)	1		0		
Amantadine	2		3		
Comtan (COMT inhibitor)	3		2		
Methylphenidate	0		1		
Modafinil	0		1		
Namenda (NMDA antagonist)	0		1		
Anti-depressants (SSRIs)	3		4		
	Table 4				
	Performance as	a function of p	ramipexol	e use	
		Switch	Nonswi	tch-reward	Nonswitch-punishment
	Patients-not-on-	pramipexole			
	Punishment	0.12 (0.09)	0.04 (0.0	07)	0.03 (0.08)
	Reward	0.11 (0.07)	0.05 (0.0	05)	0.06 (0.06)
	Patients-on-pran	nipexole			
	Punishment	0.44 (0.07)	0.24 (0.0	06)	0.34 (0.07)
	Reward	0.15 (0.06)	0.15 (0.0	04)	0.19 (0.05)
	Values represent	means (standa	ard errors of	of the mean).	

Discussion

- DA medication in mild PD patients impaired reversal learning in tasks where reversals were signaled by unexpected punishment.
- DA medication blocks 'DA dips' that are critical to learning from punishment.
- In particular, Pramipexole targets D3 receptors predominantly localized in the ventral striatum, which mediates reversal learning.

Using executive heterogeneity to explore the nature of working memory deficits in Parkinson's disease

> Lewis, Cools, Robbins, Dove, Barker & Owen Neuropsychologia 41 (2003)

Cognitive Control in PD; 26 July 2006

Introduction

- IPD: deficits in executive functions
- Spatial working memory deficits in even just mild to moderate PD
- Owen et al. (1993):
 - Patients with mild to severe PD impaired on manipulation of spatial information in WM
 - Patients with only severe PD impaired when only maintenance & retrieval of spatial information is required

Hypothesis

- Higher-level executive functions may be generally vulnerable to impairment
- Two experimental questions:
 - Determining whether impairments in verbal working memory in PD are selective to the manipulation of information
 - Testing two groups of PD patients, determined with respect to performance on the Tower of London task

Participants

- 41 PD patients
 - All Hoehn & Yahr stages I-III
 - $-\,\text{MMSE}\geq 26$
 - No signs of dementia or depression
- Divided into 2 groups
 - TOL: average score of age-matched controls was 10.5/14
 - Unimpaired PD: TOL score \geq 11/14
 - Impaired PD: TOL score $\leq 8/14$

Group characteristics

Table 2														
Group character	istics													
Group	Age	Onset	Dur.	H&Y	UPDR	BDI	MMS	NART	FAS	Anima	Patter	rSpatia	Laten	L-dop:
	(year)	(year)	(year)										(ms)	mg/da
Controls (n=24)														
Mean	65.3					5.4	29.5	115.1			20.7			
S.D.	8.2					3.7	0.7	6.9			1.3			
Unimpaired PD (n=22)													
Mean	63.7	56.2	7.5	2.0	38.4	9.6	29.2	116.5	41.2	22.7	19.3	15.4	1233	342.3
S.D.	8.4	8.0	4.9	0.6	14.9	7.0	0.9	5.7	9.9	5.8	3.0	2.0	430.5	289.5
Impaired PD (n=	19)													
Mean	66.6	60.6	6.0	2.2	37.2	8.9	28.8	114.6	37.4	19.7	20.2	14.8	1301.0	0431.6
S.D.	7.7	9.5	6.0	0.6	13.2	5.1	1.3	7.2	11.4	3.9	2.1	2.1	373.2	384.1









Discussion

- Differences in motor symptoms between groups?
 - Motor requirements for maintenance & manipulation conditions were identical
 - Rcog controls for motor effects
- Global difference in cognitive function between groups?
 - Indistinguishable wrt performance on other neuropsychological tasks

Discussion

- Results due to similarities between TOL and present task?
 - TOL: visuospatial task involving WM and planning resources
 - Present task: verbal WM task
 - Patients subdivided according to TOL accuracy
 - Primary dissociation on verbal task is response time

Conclusion

- Patients with executive dysfunction have selective deficits in verbal WM response time when manipulation of information is required
- May be consequence of differential DA depletion in the caudate nucleus

Heterogeneity of Parkinson's disease in the early clinical stages using a data driven approach

Lewis SJG, Foltynie T, Blackwell AD, Robbins TW, Owen AM, Barker RA, 2005

July 26, 2006

Heterogeneity of early PD

- Parkinson's disease is a clinically heterogeneous disorder, and difficult to accurately diagnose in some cases
- Advanced disease symptoms are often confounded by coexisting pathologies
- Classification of "matched groups" based on predetermined values tends to be an arbitrary division
- Prior data-driven approaches for delineating heterogeneity have included more clinically advanced (and therefore less clinically diverse) patients, and have not reserved subsets of patient data for post hoc comparison

Methods

- 120 PD patients
- 77 male, 43 female
- mean age = 64.4 years (9.3)
- Hoehn and Yahr between I and III
- mean disease duration = 7.8 years (5.4)
- All patients satisfied UKPDS Brain Bank criteria
- 80 patients had recent brain imaging; no significant pathology
- Assessed at "best on" state; 1 two-hour session
- Recorded information on disease onset, disease duration, symptoms at onset, medications, motor fluctuations, L-dopa induced dyskinesias, family history

Testing

- Clinical:
- UPDRS (I-III)
- Hoehn and Yahr
- BDI
- Cognitive function:
- National Adult Reading Test (NART)
- MMSE
- TOL
- FAS 60 seconds, animals 90 seconds
- Cambridge Neuropsychological Test Automated Battery (CANTAB): PRM and SPM
- Quality of life:
 - PDQ-39



PRM (Pattern Recognition Memory)



SRM (Spatial Recognition Memory)

Statistical analysis

- k-means (non-heirarchical) cluster analysis solved for 2 to 5 clusters
- variables used for cluster analysis: age at disease onset, rate of disease progression, dopaminergic therapy, motor phenotype score, MMSE, NART, PRM, TOL, BDI
- variables reserved: PDQ-39, SRM, FAS 60-s, animals 90-s, motor . complications of disease, dopamine agonist use, presenting symptoms
- rate of disease progression = UPDRS / disease duration in years
- dopaminergic therapy score ranges from 0 to 2
 - 0 No treatment with L-dopa or dopamine agonist
 - 1 L-dopa dosage < 1000 mg/day with or without DA, or DA monotherapy
 - 2 L-dopa dosage > 1000 mg/day

•

- motor phenotype score = tremor score / non-tremor score
- tremor score = (Σ UPDRS questions 16, 20-26) / 8
- non-tremor score = (Σ UPDRS questions 5, 7, 12-15, 18, 19, 27-44) / 26

Results



- T+ tremor dominam
- NT+ non-tremor dominant
- NT+m non-tremor dominant with mild cognitive impairment
- NT+s non-tremor dominant with severe cognitive impairment
- RDP+ rapid disease progression

Group trends

- younger disease onset (YO; n = 49): slow rate of disease progression, mild motor symptoms, no cognitive impairment, lower depression ratings "on-off" phenomena (all cluster sizes)
 - dyskinesias (three clusters)
 - higher dopamine agonist use (three and four clusters)
- tremor dominant (T*: n = 20): slow rate of disease progression, modest motor symptoms, no significant cognitive impairment, absence of depression associated with anticholinergic medication use (four and five clusters
- non-tremor dominant (NT*: n = 20) executive dysfunction, significant depression scores, more rapid disease progression than YO/T - higher mobility and cognitive impairment ratings on PDQ-39 (all cluster sizes)
- rapid disease progression (RDP+: n = 31) aggressive disease course, no severe motor disability or cognitive impairment, mild depression - less L-dopa usage than YO (four and five clusters) and NT+s (five clusters)
- not significant between groups: sex, motor symptom laterality, family history of PD, antidepressant use, benzodiazepines, COMT inhibitors, amantadine use

Table 1: four cluster solution

60 (8) 50 (10) 2 (1)	66 (7) 59 (7)	66 (10)	69 (9)
50 (10)	59 (7)	62 (10)	
2 (1)		02 1101	62 (10)
- 1.1	2(1)	2 (1)	2 (1)
21 (10)	25 (12)	30 (11)	28 (13)
10 (6)	8 (4)	3 (1)	7 (5)
4 (2)	5 (2)	13 (5)	8 (4)
560 (468)	290 (264)	245 (229)	456 (580)
1 (0.5)	2(1)	1 (0.4)	0.6 (0.5)
30 (1)	29 (1)	30 (1)	28 (1)
117 (6)	115 (8)	117 (6)	108 (10)
46 (13)	40 (12)	44 (9)	33 (12)
24 (6)	21 (7)	22 (5)	17 (6)
21 (2)	18 (4)	21 (2)	17 (2)
16 (2)	14 (2)	15(2)	14(2)
10 (2)	10 (3)	11 (2)	5 (4)
8 (6)	9 (5)	9 (5)	11 (6)
	21 (10) 10 (6) 4 (2) 560 (468) 1 (0.5) 30 (1) 117 (6) 46 (13) 24 (6) 21 (2) 16 (2) 10 (2) 8 (6)	$\begin{array}{llllllllllllllllllllllllllllllllllll$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$

Table 2: subgroup characteristics

YO T* NT* YO T* RDP* NT* YO YO YO					Five clusters			clusters	Four	Three clusters			
PRM † †	NT ⁺ s	NT ⁺ m	RDP+	T +	YO	NT ⁺	RDP+	T +	YO	NT ⁺	T+	YO	
CD11	tt					t				t			PRM
SKM Ť Ť	t					t				t			SRM
TOL TT TT T	††	t				††				tt			TOL
BDI * *	*		*			*				*			BDI

controls on me rower or condon (TOL) task of executive function (††two standard deviations below healthy controls) and along with those patients with rapid motoric progression, also showed higher scores on the Beck depression inventory (BD). Nor-tremord dominant with moderate cagnitive impairment; NT's, non-tremor dominant with severe cognitive impairment; RDP*, rapid disease progression; T*, tremor dominant; YO, younger onset.

Discussion

- data-driven heterogeneity is not a definitive classification system; requires further clinicopathological study
- early cognitive impairment in PD may be largely localized to a subgroup of non-tremor dominant patients with more rapid disease progression
- subsequent specific working memory deficits seen in rapid disease progression groups (SJGL, unpublished data)
 - may represent a divergent parkinsonian syndrome from idiopathic PD - clusters were not taken beyond five due to low population numbers
- no significant familial role found in this study
- differing clinical subgroups likely points to differing neuropathologies, causes, and/or genetic backgrounds

Previous neuroimaging studies of executive function in PD have sometimes produced apparently conflicting results

- Dopaminergic neuronal loss represents the primary neuropathology in PD
- This loss occurs in the nigrostriatal tract and, to a . lesser extent, in the mesocortical DA pathway
- Disruption of activation in nigrostriatal pathways ٠ (Owen et al., 1998a; Dagher et al., 2001)
- Disruption of activation in mesocortical pathways (Cools et al., 2002; Mattay et al., 2002)
- Although not mutually exclusive, the potentially conflicting results of these cognitive neuroimaging studies in PD may reflect the heterogeneity within the PD population

Lewis et al., 2003c

Participant characteristics: PDs and CON

Not

	impaired	Impaired		
Demographic data	PD (n = 10)	PD (n = 11)	Controls (n = 10)	p value
Age (years)	57.7 ± 2.4	60.9 ± 2.2	62.4±2.0	NS
Duration of disease (years)	4.7 ± 1.1	5.9 ± 1.0		NS
Motor phenotype	0.9 ± 0.7	0.8 ± 0.8		NS
Onset side	Right, 5: left, 5	Right, 5: left, 6		NS
Hoehn & Yahr stage	2.0 ± 0.0	2.0 ± 0.0		NS
UPORS	33.2 ± 3.5	39.2 ± 4.3		NS
Mini-mental state examination	29.6 ± 0.2	29.6 ± 0.2		NS
FAS fluency	47.1 ± 2.7	40.5 ± 4.9		NS
Categorical fluency	26.2 ± 1.6	21.5 ± 1.6		NS
Motor latency (msec)	1113.4 ± 189.7	1065.7 ± 50.7		NS
Pattern recognition (maximum score = 24)	21.9 ± 0.6	20.1 ± 0.7		NS
Spatial recognition (maximum score = 20)	15.4 ± 0.8	14.9 ± 0.7		NS
Beck Depression Inventory	5.4 ± 1.3	9.8 ± 1.8		NS
-dona dose (mo)	545.0 ± 122.2	409.1 ± 124.5		NS
Dopamine agonist use	7	8		NS
Tower of London (maximum = 14)	125 ± 0.3	6.8 ± 0.6		<0.001

Patient subgroups were divided on the basis of their performance

accuracy on the TOL task

All PDs were taking their regular meds

Lewis et al., 2003c

Working memory paradigm



After presentation of 4 letters, and a retention interval of 9-14 sec, a cue signaled one of 3 prelearned conditions: retrieval, simple manipulation, or complex manipulation. Ss responded with a key press (1st response) once the correct solution had been generated in mind, and with a second key press (2nd response) to select from two alternatives.

Lewis et al., 2003c

Pattern of fMRI activity during the working memory paradigm (N=31)

Retrieval and/or manipulation vs. maintenance **Top & middle:** dorsolateral & ventrolateral PFC **Bottom:** striatum bilaterally **Middle left:** posterior association cortices bilaterally

Lewis et al., 2003c

Regional mean fMRI signal during manipulation



Open bars=CON Light bars=unimpaired PDs Dark bars=impaired PDs

The subgroup of PDs with "executive" impairments showed significant underactivation compared with the unimpaired PDs in the frontostriatal ROIs, but not in the posterior association cortex

Unimpaired PDs resembled CON

Lewis et al., 2003c

Correlation analysis comparing signal intensity with the RT constant for the task, performed on those ROIs that showed underactivity

- Significant neg correlation within the caudate for retrieval and manipulation contrasts in the impaired PDs, but not in the unimpaired PDs or CON
- Significant neg correlations within the DLPFC and VLPFC with executive impairment during manipulation, but not in the unimpaired PDs or CON
- Occipitioparietal cortices showed no sig correlations for any group

Lewis et al. 2003c

Conclusions

- fMRI can be used to identify the neural locus of the selective executive deficit in a subgroup of early PDs
- This impairment is related to specific underactivity in regions of the basal ganglia and frontal cortex, and preferentially effects processes that support the manipulation of information in working memory
- This effect was seen in a executively impaired subgroup of PDs, but not in an unimpaired subgroup (who resembled CON)
- The fact that working memory deficits have been shown previously to be sensitive to the effects of controlled L-dopa withdrawal in PDs suggests a predominantly dopaminergic substrate for the deficits reported here Lewis et al., 2003c

Future research (like ours)

- The results of this study
 - highlight the need for better characterization of PD patient subgroups and their impairments, both cognitively and motorically, and
 - may explain why previous studies have sometimes produced apparently conflicting results

Fronto-striatal cognitive deficits at different stages of Parkinson's disease

Owen et al. (1992)

Christie Chung 7/26/06

Lewis et al. 2003c

PD vs. Frontal Lobe Dysfunction

- Deficits in attention set formation and set shifting, e.g., WCST (fewer sorting categories and more perservative errors)
- Smaller deficits in PD
- Frontal lobe damage lack normal executive control (e.g., Tower of London)

- Frontal lobe patients impaired in accuracy and latency of thinking (Computerized Tower of London test)
- Mixed results in PD:

Taylor et al. (1986) PD impaired in tasks that involve "self-directed behavioral planning"

Saint-Cyr et al. (1988) found no deficit in Tower of London task

Set-shifting impairments reflect...

- Deficits in planning?
- Impairment in memory function?
 - Corsi's block-tapping task (Milner, 1971)
 - Self-ordered search task (Petrides & Milner, 1982)

Present Study

- Examined planning ability in 3 subgroups of PD patients
- Take into account progressive nature of PD
- Medication (L-Dopa)
- Same cognitive tests used in Owen et al. (1990) on frontal lobe patients

Participants

- 15 non-medicated PD (early PD; mean = 18 mths; H&Y -- 3 stage I, 10 stage II, 2 stage III)
- 15 medicated (L-dopa), mild PD (H&Y -- 3 stage I, 12 stage II)
- 14 medicated (L-dopa), severe PD (H&Y -- 8 stage III, 6 stage IV)
- 3 groups controls (N=44) matched on age and NART IQ

Sample Characterization

- MMSE \geq 24
- Kendrick Object Learning Test (KOLT) ≥ 23
- GDS -- PD (mild) = 8.61 PD (severe) = 15.14

Cambridge Neuropsychological Test Automated Battery

- 'Motor screening test'
- Spatial short-term memory task
- Spatial working memory (WM) task
- Planning task (Tower of London)
- Pattern recognition
- Attentional set-shifting test

Spatial short-term memory task

- Computerized Corsi's Block-tapping task (Milner, 1971)
- Highest level achieved
 -- spatial span



Spatial WM task

 'Open up' boxes to collect blue tokens inside and fill empty column on the side



- · 'between search error'
- · 'within search error'

Computerized Tower of London task

Based on Tower of Hanoi
 problem



- Rearrange balls in bottom display to match top display
- Baseline estimates measured in yoked control condition -- follow sequence on top half of screen

Pattern recognition task

- Presentation phase:
 - 12 'target' colored patterns
 - 3 s each, one at a time
- Recognition phase:
 - 12 pairs of colored patterns
 - pick pattern they have already seen

Attentional set-shifting test

- Learn a series of discriminations where one of two dimensions was relevant using feedback (purple-filled shapes or white lines)
- Auditory tone and visual feedback

- 1) Simple discrimination (SD)
- 2) Contingencies reversed (SDR)
- (C-D) compound stimuli formed but still have to respond to previous relevant dimension
- 4) CD (dimensions are superimposed)
- 5) CDR
- 6) IDS intra-dimensional shift
- 7) EDS extra-dimensional shift
- 8) EDR

Severe PD impaired on spatial span task



Medicated PD showed more 'between search errors'



Accuracy on Tower of London test decreased with PD



PD w/ Medication increases thinking time



PD impairs attentional set-shifting



Summary of Results

- Accuracy deficits on Tower of London test of planning only seen in medicated PD (severe)
- Medicated PD (mild, severe) prolonged initial thinking (planning) times prior ro first move
- Frontal lobe patients -- also impaired on accuracy, but unimpaired in initial thinking time

- Prolonged thinking time...
- · Correlate of 'bradyphrenia'
- · In medicated PD (mild) -- speed-error trade-off
- Medicated PD -- differed in accuracy but equally slow
 - 'psychic akinesia'
 - Delays in switching between representations

- Spatial working memory and spatial span also play roles in planning on Tower of London test
- Medicated PD impaired on spatial WM and Tower of London
- PD's reduced spatial span also affected performance on Tower of London test (not in frontal lobe patients)

Inter-correlations

- Controls -- accuracy on Tower of London test positively related to initial thinking time
- Controls and PD -- significant correlation between total errors on spatial WM and accuracy on Tower of London test
- Pattern recognition and attentional setshifting did not correlate with anything

	Non-medicated Parkinson's disease	Medicated Parkinson's disease (mild)	Medicated Parkinson's disease (severe)	Frontal lobe
Pattern recognition	~	\checkmark	~	\checkmark
Span	1	1	х	√ *
Spatial working memory ('between search' errors)	~	х	х	X*
Minimum move solutions (Tower of London)	~	\checkmark	х	X*
Initial thinking time (Tower of London)	~	x	x	√*
Subsequent thinking time (Tower of London)	~	\checkmark	~	X*
Attentional set-shifting	х	х	х	X**



- GDS scores correlated with initial movement times at levels 3 and 5 on Tower of London test, and subsequent movement times at levels 2, 3, 4, 5.
- No significant correlations between GDS and initial thinking time.

Involvement of frontal cortex

- Spatial WM dorsolateral frontal
- Set-shifting orbitofrontal and dorsolateral regions
- Results of striatal pathology

Conclusions

- Results are important for staging of cognitive decline at different stages of PD
- Non-medicated PD only impaired on attentional set-shifting -- limited anatomical focus for cognitive impairments in early PD
- As PD prgresses, more extensive regions of fronto-striatal cicuitry become disrupted