Vowels

Distinguished by four characteristics:

1. Tongue / Jaw height
   High       Mid       Low

2. Tongue position
   Front      Center    Back

3. Lip rounding
   Spread     Neutral   Rounded

4. Lax vs. Tense
   /i, e, æ, ə, u/   /iy, ey, ow, uw, a, o/
   a. muscles more relaxed
   b. less tendency to glide
   c. only in closed syllables
   a. muscles more tense
   b. more tendency to glide
   c. in both open / closed syllables
21G.223 / 21G.224  Listening, Speaking, and Pronunciation
Fall 2004

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