11/10 Psychiatry and Mental Health

Mental Health in Colonial America
  Samuel Coolidge
  Stigma and community care
  Not a medical problem
  Lunacy, sin, and religion
  Humors and personality types

Insanity and Social Disorder
  Urbanization: more mental illness, or just more visible?
  Increasing mental illness as product of social change
  American dream, social mobility, uncertainty, and disappointment

Confinement and Asylums
  e.g. Bethlehem Hospital: insanity as entertainment, and warning
  Calls for reform: moral treatment of the insane
  e.g. McLean Hospital, 1818
  Intent overwhelmed by demand? families commit 43% of patients
  e.g. Danvers State Hospital

Asylum Therapeutics
  Bloodletting, purgatives, and stimulants
  Hydrotherapy, restraints, malaria therapy, sexual surger
  e.g. Henry Cotton, Trenton State Hospital
  Heroic therapy? lobotomy and ECT

Freud and Psychoanalysis
  From insanity to neurosis: psychiatry of every day life
  Rise and decline of American psychoanalysis

Antipsychiatry
  Asylums and deinstitutionalization
  Lobotomy, ECT, and One Flew Over the Cuckoo’s Nest
  Psychopharmacology and critiques of over-medication