Coordination: Practice.

Rewrite the paragraph. Combine some sentences using coordination -- simple conjunctions and/or coordinate conjunctions -- to add style, emphasis, and create better flow.

Freshman year can be very difficult for international students. It can also be difficult for American students. Many of them are leaving home for the first time. These students have to adjust to being alone for the first time in their lives. They also have to face the challenge of being in an environment which is unfamiliar to them. These students miss their families. They miss their friends. They miss the food they are used to. Furthermore, many students find themselves in an academic setting in which they are no longer the brightest student in the class. Some students become depressed because of this. They are not used to being in such a position. The good news, however, is that these feelings do not last. Most students find some way to cope. They make friends. They adapt to the food. They find a niche on campus where they feel comfortable. It is true that freshman year can be difficult. Those who meet the challenge usually thrive their second year.
Freshman year can be very difficult for both international and American students. Many of them are leaving home for the first time and face the challenge not only of being alone for the first time, but of being in an environment that is unfamiliar to them. They miss their families, friends, and the food they are used to. Furthermore, many students find themselves in an academic setting in which they are no longer the brightest student in the class. Some students become depressed because of this, for they are not used to being in such a position. The good news, however, is that these feelings do not last. Most students find some way to cope. They either make friends, or adapt to the food, or find a niche on campus where they feel comfortable. It is true that freshman year can be difficult, yet those who meet the challenge usually thrive their second year.