**Disease and the Environment**

**Health Intuition**
- Does getting cold and wet increase your risk of getting a cold?
- Are people raised in warm climates less tolerant of cold weather?

**Colonial Perspectives**
- Environment as source of health and disease
- Dangers of New England winters
- Dangers of Virginia summers
- Sources of health: clear air, fresh water, summer breezes, corn
- Migration, new environments, and seasoning

**Disease Theory in Colonial America**
- Hippocrates, *Airs, Waters, Places*
- Humoralism
- Adjustment of bodies to environments
- Dangerous environments, or unwise behaviors?

**Were Environments Dangerous? Modern Perspectives**

**Race, Environment, and Disease**
- Initial ideas of racial similarity
- Disease and emergence of ideas of racial difference